UMC News Release

Dr. Ellen Earle Chaffee will be the featured speaker at the UMC Winter Quarter Convocation at 10:00 a.m. Tuesday, December 14, in Bede Ballroom. Dr. Chaffee is President of both Mayville State and Valley City State Universities. She holds a Ph.D. in higher education administration and policy analysis from Stanford University. From 1985-1993, Dr. Chaffee was Vice Chancellor for Academic Affairs for the North Dakota State University System. Previously, she was director of the organizational studies research unit at the National Center for Higher Education Management Systems. She has published articles and books on strategic management, university budgeting processes, turnaround from decline, organizational cultures, total quality management, and leadership.

Dr. Chaffee has served as national president of both the Association for the Study of Higher Education and the Association for Institutional Research. The Governor of North Dakota has presented her with the North Dakota National Leadership Award of Excellence.

Following the Convocation on Tuesday, a campus tour and lunch with UMC students is planned for Dr. Chaffee.

Planning underway for Ag-Arama

Students encouraged to get involved to make it a success

Ann Heinz
Staff Writer

This year the UMC bulletin boards are filled with signs informing students about almost every activity on campus. One of the many signs is for “Ag-Arama”. What is Ag-Arama and who can get involved?

The first Ag-Arama was held 19 years ago at the Winter Shows Building. This year it will be held January 21-22 at the University Teaching and Outreach Center (that new building across the road). This year’s Ag-Arama will be dedicated to Sam Bigger, who died earlier this year after working for UMC and the Northwest Experiment station for many years.

Ag-Arama is open to all students on campus and involves UMC alumni and the community of Crookston.

Ag-Arama is a fun weekend planned by students. It is a way for students to show off what they know or try something new, such as showing livestock or even splitting wooden matches. There are contests in all areas of agriculture taught at UMC as well as fun events, such as the egg toss and pie eating contest. The weekend is topped off with a dance.

Just like Homecoming or Sno-Daze, Ag-Arama has royalty—King & Queen, Prince & Princess. Royalty candidates are nominated by Agricultural Management faculty and complete an application, write an essay, go through an interview, and then the student body votes on them. The new royalty will be crowned on Saturday, January 22.

All students are encouraged to get involved with Ag-Arama. This year more help is needed to sell popcorn and plan the events. There are many committees that work on areas such as: awards, facilities, banquet, royalty, program, the dance, and more. Many people are needed to make this a success.

The tentative agenda for Ag-Arama is as follows:

Friday, January 21—Ag aviation contests (Crookston Airport), agronomy, soils, ag chemicals management, mechanized ag, and horticulture contests (all held on campus); Natural resources contests will be held Friday evening at the UMC Arena.

Saturday Morning, January 22—animal showmanship contests, royalty coronation, and the Crop Show.

Saturday Afternoon, January 22—Fun contests, egg toss, soils and mech ag contests, and the awards program (UMC Arena).

The next time you walk by a bulletin board, look for the Ag-Arama signs and see what you can do to help make Ag-Arama a success. Remember to set January 21-22 aside on your calendar and take part in this fun weekend.
UMC News

Student Senate News

Mia Yliniemi
Student Senate Public Relations Director

The holiday season always seems to make schedules a little more crowded than usual, and at UMC there is no exception. Since quarter break, UMC's Student Senate has been working hard to keep up with the current campus events.

On Monday, December 6, Student Senate sponsored a Computer Technology Fair. A big thank you to student senator Anne Heinze for coordinating it. Several area computer outlets participated.

Upcoming events include Winter Quarter Convocation and a holiday dance sponsored by student activities. The convocation will be held in Bede Ballroom Tuesday, December 14, at 10:00 a.m. Ellen Chaffee, President of Mayville State University and Valley City State University is going to be the guest speaker. Fall quarter 4.0 students will be recognized and winter varsity athletic teams will be introduced.

On Wednesday, December 15, Student Activities is sponsoring a California Christmas Beach Party. This will include sand volleyball and other activities along with a dance from 9:00 p.m. to 12:00 p.m. It will be held in the University Teaching and Outreach building (the new building north of campus).

Due to new winter quarter schedules, UMC Student Senate meetings are now being held on Tuesdays at 6:00 p.m. in Dowell 115. Club Senate representatives should make note of this change and coordinate their schedules accordingly. The next meeting is scheduled for January 4, 1994.

Student Senate welcomes your questions and suggestions.

Have a great holiday and enjoy your vacation!

UMC student Gord Hansen stops to view the "chalk outline" in Bede Lounge on Wednesday, December 1st. The outline represented one of the thousands of victims of AIDS. It was part of a series of activities sponsored by Residential Life, Health Services, and Campus Ministry to coincide with the national observance of World AIDS Day.

UMC Appreciation Coupon

You are invited to save
Accept this coupon and save 15% on the purchase of your choice.

Expiration Date: December 31, 1993

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FOR MEN
**UMC Christmas program set for December 16**

The UMC Christmas program will be presented in Bede Ballroom on Thursday, December 16 at 7:30 p.m. There is no charge for admission.

The program is co-sponsored by the Music and Theater Department, Campus Ministry, and the Agricultural Management Division.

Students interested in taking part in the program should contact George French at 8266, Collette Conati at 8109, or Harvey Peterson at 8199.

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**Bede Ballroom closing early due to vandalism**

Due to damages to the walls in the newly remodeled Bede Ballroom, the Ballroom and game room will be locked at 6:30 p.m. These facilities will be open after 6:30 p.m. only by scheduling through UMC Plant Services.

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**Winter quarter Student Senate meeting time changed**

The UMC Student Senate will meet Tuesdays at 6:00 p.m. in Dowell Hall 115. The next full meeting of the Senate will be on January 4, 1994. Senate meetings are open to all UMC students.

The deadline for club loans and grant requests is Friday, January 7. Forms are available at Bede Info Desk or at Senate Meetings.

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**Happy Holidays, UMC 281-3671**

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**Updated College Cost Explorer-Fund Finder now available at UMC Students now able to locate additional sources of aid**

UMC students now have an additional tool to help them find more sources of financial aid. The Office of Student Financial Aid has purchased the updated version of the College Cost Explorer-Fund Finder.

The College Cost Explorer component explains how to apply for financial aid, uses interactive electronic worksheets to help estimate eligible aid, and also includes federal, state, and college sources of grants, loans, and jobs.

The Fund Finder allows students to search for scholarships and loans based on individual characteristics such as academic and career interests, ethnic and minority background, military service, special talents, affiliations, and more.

At the core of Fund Finder is a database of over 3,000 non-college-based national, state, and private scholarships and loans.

The Fund Finder's criteria-selection process winnows down each student's list of potential scholarships and loans to only those for which he or she meets every specification. It does this after asking students to enter basic information about their personal backgrounds, interests, talents, parents, and needs.

Fund Finder then assembles a user-matched list of scholarships and loans the user is eligible for. Detailed information on each source of aid can be printed out.

Access to the Fund Finder is available to all UMC students at Kiehle Library. If you have further questions, contact the Office of Student Financial Aid.

Some information from this release came from the January-February 1993 issue of CSS Bulletin.

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**WIDMAN'S**

**FINE CANDIES SINCE 1911 CROOKSTON, MN**

*We would like to wish you a very merry Christmas*
Letter from the President and Vice President in announcement of White House electronic mail access

News Release

Dear Friends:

Part of our commitment to change is to keep the White House in step with today's changing technology. As we move ahead into the twenty-first century, we must have a government that can show the way and lead by example. Today, we are pleased to announce that for the first time in history, the White House will be connected to you via electronic mail. Electronic mail will bring the Presidency and this Administration closer and make it more accessible to the people.

The White House will be connected to the Internet as well as several on-line commercial vendors, thus making us more accessible and more in touch with people across this country. We will not be alone in this venture. Congress is also getting involved.

Various government agencies also will be taking part in the near future. Americans Communicating Electronically is a project developed by several government agencies to coordinate and improve access to the nation's educational and information assets and resources. This will be done through interactive communications such as electronic mail, and brought to people who do not have ready access to a computer.

However, we must be realistic about the limitations and expectations of the White House electronic mail system. This experiment is the first-ever e-mail project done on such a large scale. As we work to reinvent government and streamline our processes, the e-mail project can help to put us on the leading-edge of progress.

Initially, your e-mail message will be read and receipt immediately acknowledged. A careful count will be taken on the number received as well as the subject of each message. However, the White House is not yet capable of sending back a tailored response via electronic mail. We are hoping this will happen by the end of the year ...

This is an historic moment in the White House and we look forward to your participation and enthusiasm for this milestone event.

--President Clinton  PRESIDENT@WHITEHOUSE.GOV

--Vice President Gore  VICE.PRESIDENT@WHITEHOUSE.GOV

Editor's note: This message was dated June 1, 1993, and originated from the White House. A copy of this message was provided to The Fourth Estate by the Student Right to Know Task Force.
I don't think we're in Kansas anymore...

UMC Crops Team competes at the national level

Jody Warner
Staff Writer

Last month, five UMC students traveled to Kansas and Chicago to compete in the National Collegiate Crops Contest. These students were Keith Faus, Mitch Kreps, Jeremy Paulsrud, Wayne Udstuen, and Jon Wamer. Chuck Habstritt served as the advisor for the team.

To qualify for the national competitions, the team competed first at the regional level in St. Paul. This took place the last weekend in October. UMC faced-off against colleges such as University of Minnesota, St. Paul, University of Wisconsin-River Falls, Platteville, and South Dakota State University. The team did an excellent job, as they finished as the number-one team in the region.

After the regional competition, the team had about three weeks to prepare for the national contests in Kansas City and Chicago. They put in many hours of practice and study.

The contests included three areas of crop knowledge: plant and seed identification, seed analysis, and grain grading.

In Kansas, nine colleges tested their skills and learning. UMC's team placed seventh in this contest.

The contest in Chicago took place at the Chicago Board of Trade building. The team from UMC placed seventh overall out of the ten participating colleges. Jon Warner was the national seventh-place individual winner for the seed analysis portion of the contest.

Wayne Udstuen was the national first-place individual winner in grain grading. "I was surprised. It was a good feeling to know I was first out of competitors from all over the country," Wayne commented. He scored 597 out of a possible 600 points.

During the week-long trip, the students had an opportunity to tour establishments such as Anheuser-Busch, Inc. in St. Louis, the Pioneer Seed company in Litchfield, underground storage facilities in Kansas City, and both the Chicago and Kansas Board of Trade.

"A fine time was had by all and it was a very educational experience. I highly recommend the trip to any agronomy student looking for a challenge," stated Mitch Kreps.

Overall, the crops team did a fine job representing UMC on the national level. All the participants deserve recognition for the hard work and efforts put into this contest.

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New residence hall in planning stages
Committee examines options, asks for input while planning

Jody Warner
Staff Writer

The transition to a four-year institution requires everyone to make adjustments. This includes the Department of Residential Life.

The building of an additional residence hall is in the planning stages. Its construction would accommodate the growing number of UMC students selecting the on-campus housing option.

According to Gary Willhite, Director of Residential Life, the residence halls had a 95% return rate of students from fall quarter to winter quarter this year. This rate is considerably higher than in the past years. If these trends continue, more space will be needed.

There are many avenues to explore when planning. The primary considerations are the needs and wants of the students. The main question to ask is: What do students want from on-campus housing?

It is also important to understand why students choose to live off campus. This way future residence halls can suit the needs presently lacking for those students.

There are several possibilities to consider for the future building. One option would include the traditional style residence hall, such as McCall or Skyberg Hall. Another would be the apartment-style building, comparable to Lee or Brink Hall. A third option may be facilities for students desiring a single room, with no roommates.

Accommodations for married couples or families may also be included in the future hall. Other options could be for incorporation of day-care facilities or housing for upper division (juniors or seniors) students. These options have yet to be finalized.

The cost of constructing an apartment-style building containing twelve apartments would be approximately $840,000. Since the project is rather costly, the Department of Residential Life would like to make sure the new building would be appealing to the students as a living option.

It will be at least a year and a half before the new residence hall is built. The plans must first be finalized and then be approved by the Board of Regents before any construction can begin.

In the meantime, the third floor of Robertson Hall may be used for any "overflow" of students who desire campus housing. Some low-cost remodeling may increase the attractiveness of the building as a living option. "Robertson is considered a good short-term alternative," commented Willhite.

Presently the new residence hall is still in the planning stages. A committee has been formed to put together options and ideas concerning the new building. The committee members include: Gary Willhite, Melanie Abdo, Chancellor Sargeant, Bertha Hsiao, Glencie Johnson, Andrew Svec, Jody Warner, Dean Anderson, and James Lefer.

The committee welcomes any input from UMC students. Please fill out the included survey concerning the plans for the new residence hall. Any additional comments would be appreciated.

STUDENT SURVEY
CLIP AND RETURN SURVEY TO:
UMC BOX 999 or SKYBERG or McCALL DESK

Circle the response you choose

1. Should the future residence hall be the traditional style (like McCall or Skyberg) or the apartment style (like Lee or Brink)? traditional/apartments
2. What is your marital status?_____
3. Are you interested in family housing? Y/N
4. Do you plan on attending UMC for four years? Y/N
   If so, would you choose to live in the residence halls for your junior and senior years? Y/N
5. What recreational areas are important to you (pool tables, foosball, etc.)? Please list:
6. If you chose to live on campus, would you prefer a single room or living with a roommate? single/roommate

THANK YOU!
Avoiding "Red Flag" relationships

Laurie Wilson
Guest Writer

College offers many opportunities for those who attend. Included among them is the opportunity to enter into relationships with people from varied backgrounds and with values that differ from one's own.

That's just as it should be. Expanding the limits imposed by living many years in one location and dating persons from a relatively narrowly defined circle is an opportunity for growth. We look forward to it, and we often come to treasure those relationships for a lifetime.

But what are the risks associated with new situations and unfamiliar people?

The University of Minnesota's Sexual Violence Program offers some guidelines in the brochure entitled "Sexual Violence on Campus." These guidelines outline four factors that are indicative of potential risk in dating relationships.

Here are the four "red flags" that indicate the possibility of danger in a relationship:

- **SEXUAL ENTITLEMENT**
  Sexual entitlement refers to attitudes and behaviors that show no regard for the wishes of the other individual in the relationship.

  Attitudes or behaviors in this category might include such things as touching or demanding sexual involvement without regard for the wishes of the partner, sexualizing situations or relationships that are not appropriately sexual, using conversation that is inappropriately intimate, or other such actions.

- **POWER AND CONTROL**
  This "red flag" might be observed in the person who demonstrates excessive and aggressive competitiveness, is a bad loser, or who uses intimidation to maintain control of a situation. This person is likely to be manipulative and trustworthy well.

  The ultimate result of all encounters one has with a person like this must be that he or she maintains the power or control in the relationship, even at the expense of others.

- **HOSTILITY AND ANGER**
  The person who uses every opportunity or setback to display his or her anger and explosive tendencies would be waving this red flag.

  Watch out for people who cannot accept responsibility for their own issues and seek others to blame on a consistent basis.

- **ACCEPTANCE OF INTER-PERSONAL VIOLENCE**
  Individuals who enjoy, accept, approve of, or seek opportunities to be violent are good people to maintain a distance from.

  These behaviors can indicate a willingness to engage in violence as a means to settle disputes or to maintain control.

  People in violent dating situations often fail to take the violence seriously, believing that it will not continue to occur. Statistics show that this is not the case.

  If the person you are dating is abusive, you can be fairly sure that the behavior will not only continue, but that it will worsen over time.

  As the U or M sexual violence handout states, "Remember: when it is against your will, it is against the law."

*Relationships you make in college can be some of the closest and deepest friendships you will ever make, but there are many different types of people attending colleges. You will probably encounter at least a few people who exhibit the characteristics of "Red Flag" relationships. The UMC Counseling and Career Center can help you if you are unable to avoid these personality types.*

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"Before You Buy, Give Brost a Try"
Ken Myers, the supervisor of the Epicurean Room and Restaurant Practicum, works with students to make the atmosphere of the Epicurean Room feel exactly like a fine restaurant. New this year is a greatly expanded beverage menu, waiter service alert pagers, and technology that will estimate costs for recipes, consolidate a purchase order list, convert recipes to any number from one, and do nutritional analyses.

Paula Steng er
Staff Writer

It's new, it's wild, it's the only way to dine! Well, for most it might not be new, but for transfer students and incoming freshmen, the Epicurean room is a change of pace.

What does Epicurean mean? Webster's Dictionary defines an epicure as "one with a refined taste in food and drink." The word came from the Greek philosopher Epicurus, who believed man's chief end was physical and mental happiness.

That's also the main goal for Ken Myers, an instructor in the Hotel Restaurant and Institutional Management program, who supervises the Epicurean room. The Epicurean room was designed for students who want to take classes in hotel/restaurant food preparation, hosting, and managing.

Meyers said that the reason for opening the Epicurean room was the need to meet curriculum demands. This is done for students to gain restaurant experience. The Epicurean room is an opportunity for students to provide the service and do the hands-on work of running a restaurant.

The meals are well worth their while. The menus are changed weekly, and the student who is in charge of managing for the week selects what is to be served. Students who are on the meal plan are able to use their "contract for meals in the Epicurean room. A peaceful atmosphere is provided for your eating pleasure.

The room is set to serve thirty-two people. Reservations are a must because of the high demand to eat there. The reasons for the high demand are mainly that it's open to the public, and people are generally happy to keep going back to eat there. Ken Meyers stated that people from local businesses in Crookston usually make reservations weekly.

Students are encouraged to make reservations to help support fellow students develop their restaurant skills. Tips are not required, although they are encouraged. What little the students do manage to keep going back to eat there. Ken Meyers stated that people from local businesses in Crookston usually make reservations weekly.

Students are encouraged to make reservations to help support fellow students develop their restaurant skills. Tips are not required, although they are encouraged. What little the students do manage to keep going back to eat there. Ken Meyers stated that people from local businesses in Crookston usually make reservations weekly.

Restaurant Practicum Luncheon Service starts December 16 and continues most Thursdays throughout winter quarter. The Epicurean room is Conference Center 122. Reservations start at 11:45 a.m. Make reservations through Arlene Tahran at extension 8176.

CORRECTION: At press time the editor noticed that Ken Meyers' name had been spelled incorrectly throughout the above article. His name is spelled correctly here. We apologize for the error.

Stop by MORSELS, the campus convenience store. It's more fun than a barrel o' cheese whiz!
Now available: computer access debit cards. Open an account and get a 10% bonus. COOL, huh?

Check out our selection of comic books and magazines too!
More new technology at UMC--
This time in the lunch line!

In late summer 1993, University of Minnesota President Nils Hasselmo initiated a University-wide U2000 planning process. During the past two years UMC has been engaged in a very comprehensive planning process which resulted in the development of UMC 2002--A Strategic Plan.

This document serves as a guide for the campus and will be adjusted in response to the continually changing external and internal environment. This strategic plan will also serve as the basis for providing input into the U2000 planning document.

The following mission and vision statements, adopted by the Board of Regents in July 1992, are provided to the U200 planning document. As the planning process continues, UMC will have the opportunity to revisit and revise these statements.

UMC U2000 Strategic Plan

UMC 2002 Mission:
The University of Minnesota, Crookston provides teaching, research, and service, including associate degrees and selected baccalaureate degrees, with a focus on applied undergraduate instruction and research in agriculture, business, environmental sciences, human resource development, and appropriate interdisciplinary studies.

The University of Minnesota, Crookston provides a University link to the region for technology transfer and outreach, with emphasis on meeting the needs of a rural populace who require lifelong learning, training, and retraining in order to capture opportunities that maximize their existing resources and strengths.

UMC 2002 Vision:
- UMC: an exemplary polytechnic institution focusing on applied career-oriented baccalaureate programs.
- UMC: workplaces are extensions of UMC's learning environment with opportunities to apply knowledge and develop skills.
- UMC: a knowledge and skill base for employers, providing them with skilled graduates, continuing education, and access to world-wide information resources.
- UMC: a diverse student body in a unique learning and living community which:
  - engages students directly with faculty and staff in learning, research and community service.
  - focuses on technology to access and enhance learning.
  - incorporates active learning.
  - links students and employers in a continuous learning process.
  - assists students in making the transition to post secondary education.
  - works directly with high schools and their students.
  - measures itself by the success of its students.

UMC Dining Services and Morsels, the campus convenience store have gone high-tech with the new debit card system. Students simply pass their magnetic card through the processor and accounts are automatically verified. Students can also purchase a selected amount of "credit" which is adjusted with a running computer tally at either place. New accounts (excluding meal plans) can get a bonus 10% when they sign up for a card.

UMC: workplaces are extensions of UMC's learning environment with opportunities to apply knowledge and develop skills.

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114 North Main
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UMC Children's Center has a lot to offer

Kim Hassel
Managing Editor

Many of you have probably passed Robertson Hall on your way to classes. Have you wondered what was inside the building? Well, on the third floor there are some dorm rooms, and on the second floor there is the Nursing School that operates in conjunction with East Grand Forks Tech.

On the main floor of Robertson you will find a very busy group of staff people. Connie Camrud, Lynn Petrich, Liz Leddige, Lorrie Hare, and Dawnn Morken are all working very hard to keep the UMC Children's Center running smoothly.

At this time there are 53 children enrolled at the center. The program gives the opportunity for child care to UMC staff and faculty, as well as students. There are four groups of children at the center, infants (taught by Lynn Petrich and Liz Leddige), toddlers (Liz Leddige, Dawnn Morken) preschool and kindergarten (Lorrie Hare), and a school-age program that is run at Lincoln Elementary School (Julie Follette).

The center also provides an opportunity for UMC early childhood development students to have labs at the center. Child practicum and child development labs are held fall and spring quarters. Students and parents are able to come and observe the children through cameras and an observation window.

The children are served three meals each day. Snack and breakfast are prepared by work study students or staff, and dinner is catered by Food Service.

Soo-yin Lin Thompson is the director of the Children's Center. She has been finishing her Doctorate at UNO. She will return on January 3, after being gone for a year and a half. While Thompson has been gone there have been Acting Directors, Pat Baloun and Connie Camrud.

The staff at the Children's Center have done an excellent job working with the children and with UMC students. They always seem to have a smile on and are ready to help you when you ask. For more information please dial (218) 281-8285.

Above: a young client of the UMC Children's Center says "Take my picture," as his young friends swing. Below: one of the many friendly staff members out for a little fresh air with an eager sled runner (or rider). The Children's Center, located on the first floor of Robertson Hall serves two purposes: It provides day care for UMC students, faculty and staff, and it allows students in in Early Childhood Education to gain skills working with young children.

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University of Minnesota needs to look toward its future

Tom Donarski
UMC Regents Representative

While the University of Minnesota Crookston Campus has been experiencing new advancements in the field of technology, the University of Minnesota, as a whole, is working to develop a plan to make the University more user-friendly and easily accessible to its students.

In addressing this strategic plan, also known as the "U 2000," the University of Minnesota, as a whole, needs to implement various ideas that would make the institution more appealing to potential students as well as maintain a high retention level.

In order to increase the number of students graduating from the institution, the University needs to implement a better scholarship program. The scholarships offered to students need to be appealing enough to make the students choose to either come to, or remain at the University of Minnesota.

The entire program needs to be revamped, and made to accommodate the needs and wants of students. The number of scholarships needs to increase as well as the dollar amount of the scholarships themselves. The more appealing the scholarship package, the more attractive the University of Minnesota will look to both prospective students as well as current students.

Advisors to students need to have a more complete, uniform package. Each individual major needs to have the number of required courses as well as the number of elective courses clearly defined. Advisors need to be well educated to help the students in selecting the courses they need to fulfill their requirements.

When changes in the curriculum occur, the advisors need to make sure they have adequately informed everyone involved in the particular area of course study. Revisions to the documented curriculum need to be made and dispersed to each student that the change will effect.

Once this task has been completed, students will be aware of the courses that are required of them to complete their major course of study. No questions will arise and everything will flow smoothly for the student as well as for the Advisor. Adequate lines of communication need to remain open between the student and the Advisor throughout the entire course of study.

The issue of transferability among the coordinating campuses is another concern for many students. The departments of the coordinating campuses need to remain as consistent as possible. Transferability between campuses should be made as easy as possible.

If a student is considering transferring to a coordinating campus, they should be able to do so with ease. They should be able to inform their Advisor of their decision, and in turn, their Advisor should be able to give them the direction they need in order to make their transition as easy as possible.

If this requires all campuses going to semesters versus quarters, then I feel that it needs to be taken into consideration. The ease of transferability will make the University, as a whole, much more appealing to both potential students as well as current students.

Diversity on the various campuses of the University of Minnesota also needs to be better implemented. The mix of cultures would bring a better understanding between students. Making the University of Minnesota as diverse as possible would create a more unified front among students instead of the integration and separation that often occurs.

Various types of programming can be utilized to help people become aware of the diverse types of populations that exist. Unity is they key, and can be realized if everyone is willing to put the time and effort into becoming involved.

Finally, the University of Minnesota must remain concentrated on keeping its unity as a whole. It must continue to recognize coordinating campuses as a part of the University of Minnesota and not as "University Colleges." The Twin Cities campus, as well as the other coordinating campuses, will remain strong if they remain as one.

The possibility of campuses breaking off and becoming their own entities does exist, and if this were to happen, it would only mean a decline in strength as well as a loss of student enrollment and/or retention. The University of Minnesota is a strong force in the world of higher education, and separation within its coordinating campuses would only weaken the University as a whole.

These are the main concerns that I, as well as other students, feel need to be seriously addressed and implemented in order for the University of Minnesota to remain the strong land-grant institution that it is so greatly known as.

Tom Donarski is UMC's Regents Representative. He attends monthly meetings for all coordinate campuses at the U of M Twin Cities and represents UMC in student policy matters.

If you would like to share a concern you have with him, you can speak with him at UMC Student Senate meetings, held on Tuesdays at 6:00 p.m. in Dowell 115.
Follow Through!!!

Kim Hassel
Managing Editor

If you're the president of a club, you probably know how frustrating it is when students sign up for clubs and don't follow through with coming to meetings.

I am the president of one club and editor of another. Like any other club president, I get frustrated when people say that they will be sure to come to all the meetings and then do not show up for the majority of the meetings—until there are fun activities to do with a group. Policies should be enforced on members.

When people sign up for clubs they should have to fill out a meeting agreement and help with three different activities. I find it very difficult to try to plan activities when you can never count on full participation.

In every club policy there should state “You MUST attend, in general, a certain quota of meetings each quarter”. To run an efficient club meeting, participation is necessary! So please, if you're in a club, make sure that you attend meetings.

Clubs are on this campus for our sake, and the advisors are here to make it interesting for us.

• Horticulture Club-Roger Wagner
• Fourth Estate-Andrew Svec & Linda Wiggens
• Campus Ministry-Collette Conatti
• Dairy Club-Lyle Westrom

These are just a few of the clubs and their advisors. So if you want to join a club, just ask around campus. If you are looking for a specific club, just go to your advisor. If your advisor doesn't know about it, he or she will find you someone who can.

LETTERBOX

To the Editor,

I find it disturbing to know that you can't find out your grades until two weeks into the next quarter.

For those people, like myself, who have had some difficulty maintaining their GPA's and are on academic probation, it makes it hard to know if we made the grade or not.

What else? The fact that all of the next quarter's financial aid has arrived without you or them [in the business office] knowing your GPA makes it hard—especially when you are on academic probation.

Just something to think about.

Signed,
Joel Deleon, a former UMC student

Pondering World AIDS Day

Nathan Benesh
Staff Writer

I sat in my dorm room listening to the bells and watching the candle I placed out in my window. A feeling of sadness overwhelmed me as I watched the candle slowly burn out. To me this represented yet another human life lost to the war against AIDS. This day became a very sullen one when I began to think of all the families around the world who have lost a mother or a brother to this very scary disease.

I could not stop thinking of all the people attending UMC and that perhaps one of them has the virus right now. The thought of losing a close friend or colleague caused my throat to tighten up.

I know of the sexual activities that occur on campus, and it frightens me to think that so many students laugh at the AIDS awareness efforts made by the Health Services, Campus Ministry, and the Counseling Center. Some of them think the table tent messages are stupid and the red ribbons are a joke.

Unfortunately, the ones who have been laughing are the ones who are having the promiscuous relationships. They are also the ones who are at risk to this awful killer. How can these individuals be so haphazard, thinking that they are invincible and that it would never happen to me? It is time that my generation grew up and realized that these sexual practices are nothing more than a game of Russian roulette. A game that is deadly to both participants.

I can only hope that a few people actually read the messages on the table tents and take them seriously. This is an epidemic that can only be stopped when we change our practices, by either using condoms or, God forbid, abstinence.
What would you like Santa to bring you?
Photographed and compiled by Brandy Toft

"I want to meet Beavis and Butt-head in person (huh-huh) and Heather to say yes.*
- Joel Steffel

"A girlfriend and a new shiny red car--both wrapped in a red bow."
- Jason Kainz

"I would like a year's supply of Scoop Fresh kitty litter. And maybe next year I'll even ask for a cat."
- Kelly Swanson

"A new snowmobile and a diploma from UMC."
- Michael J. Nelson

"A cocker spaniel named Belthazar."
- Carrie Olson

"The end of the quarter with no finals."
- Les Martens

The Fourth Estate Staff

Kim Hassel .............................................. Managing Editor
Tom Donarski ....................................... Advertising Manager
Chris Walsh ............................................. Sports Editor
Nathan Benesh ....................................... Staff Writer
Joan Darco ............................................. Staff Writer
Amy Elsen ............................................. Staff Photographer
Ann Heinze ............................................ Staff Writer
Richard Jensen ..................................... Staff Writer
James Lefor ........................................... Staff Writer
Paula Stenger ........................................ Staff Writer/Photographer
Brandy Toft .......................................... Staff Writer
Jody Warner .......................................... Staff Writer
Mia Yliniemi ........................................ Student Senate Coverage

Special thanks to UMC Media Resources, UMC Printing, and the Crookston Daily Times for their help with photographs and printing.

Andrew Svec ........................................... Advisor
Dr. Linda Wiggins .................................... Advisor

The Fourth Estate is a student-run newspaper, staffed on a volunteer basis by students at the University of Minnesota, Crookston. It serves as a source of information for the campus community as well as a voice for the students. The attitudes and opinions expressed in The Fourth Estate are not necessarily the opinions held by the administration of the University of Minnesota, Crookston.

The Fourth Estate is published on a monthly basis (when the University is in session). The total circulation is 1,200 newspapers per edition. Printing is done through the Crookston Daily Times Publishing Co. Copies are distributed to our patron advertisers, UMC students, faculty and staff.

If you have any comments, questions, or suggestions about The Fourth Estate and its contents, please direct them to the Managing Editor at UMC Box 999, Crookston, MN 56716.

Santa's forgotten reindeer-- real reindeer for the 90's
Trojan Hockey Team looks to repeat national win in '94

Christopher W. Walsh
Sports Editor

The University of Minnesota Crookston hockey team began the season with a number one ranking after last year's National Championship.

The team had 5 exhibition games prior to the start of the conference season. In this time, the coaching staff was able to evaluate the squad in actual game situations.

Coach Scott Oliver said that it is better to evaluate a player during an actual game than just at practice. During the exhibition season the Trojans went 4-1.

There are many contributors to the success of a team. It has been said over and over again that fan support at a sporting game is a high factor in success. When the Trojans take to the ice, whether at home or on the road you can bet the fan support is there. "I love hockey, I go to as many games as I can, and I don't even know how to skate," Doug Vaith, sophomore said. "There is just something about the sport that catches my eye, I think that it must be the ability of a hockey player to be able to skate forwards, backwards, side ways and turn on a dime, to be able to give out hits, and receive hits and still stand on their feet, that's impressive." "The fast moving exciting game of hockey, when played right, can be fun to watch and fun to coach," said Oliver. "and the Trojans play an entertaining style of hockey."

The hockey team and coach Oliver's along with his coaching staff, would like to thank the faculty and staff for their time and effort that they put in with the student athletes. There were no ineligibilities on the team this year.

Coach Oliver has been at UMC for seven years. In his time he has obtained a record of 113-38-3, one National Title, two State Championships, four Conference Championships, one Region 8 Championship.

Oliver said that the conference is tougher this year than it has been in quite some time. It should will be a very fun conference to play in. Every team will be gunning to stop the 30 game conference victory streak that UMC has collected over the past two years.

Captains for the team are Chris Turner, Scott Gruber, Jeff Malawski, and Ken Essay.

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- Come in and fill out your Christmas wish list to be mailed to your family/friends so that you get the perfect gift.
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- Stop in and see the new arrivals.

Team Sports
404 North Broadway
Crockston, MN 281-5150

The 1993-94 Trojan Hockey Team

<table>
<thead>
<tr>
<th>HOKEY SCHEDULE</th>
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<tr>
<td><strong>DECEMBER</strong></td>
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<td><strong>MARCH</strong></td>
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- 计算机
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第四方
Christopher W. Walsh
Sports Editor

The University of Minnesota Crookston women's basketball team is low on numbers with only nine on the roster. Talent is all there is to replace talent, and although many players left the program this year, the team is still high on talent.

The two returning sophomore this year are Tricia Swenson and Amy Blackman. Nina Davis is also a sophomore but has not played since the 1990-91 season. Swenson, who last year was named to the All-Northwest Division second team, has had several injuries over the last two years with both Volleyball and Basketball. Swenson averaged 8.3 ppg last year and was the team's leading rebounder. Blackman hit 11 three pointers last year and was voted most improved player over all.

A talented group of freshman have entered the program under Head Coach Janna Hjelseth. Chrissy Nettum from Climax, is a strong and smart inside player. Along with Nettum, Tiffany Malmlov from Climax, who transferred from Moorhead State University. Carrie Babinski of Sharon, N.D. has missed some time with leg injuries. Babinski missed part of her senior season and missed the beginning of UMC's season. Danielle Prusia of Hendrum is a strong player inside. Linda Fontaine played ball in Park River. Sara Olson of McVille, N.D. is going to give the team good inside play and good perimeter shooting as well.

WOMEN'S BASKETBALL SCHEDULE

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<tbody>
<tr>
<td>30</td>
<td>at Rainy River</td>
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<tr>
<td>DECEMBER</td>
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<tr>
<td>2</td>
<td>Moorhead State JV</td>
<td>6:00 p.m.</td>
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<tr>
<td>7</td>
<td>at NDSU - Bottineau</td>
<td>5:30 p.m.</td>
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<tr>
<td>10</td>
<td>at University of North Dakota</td>
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<tr>
<td>11</td>
<td>Lake Region</td>
<td>TBA</td>
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<td>14</td>
<td>NOSCS</td>
<td>7:30 p.m.</td>
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<tr>
<td>16</td>
<td>at Mayville</td>
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<tr>
<td>JANUARY</td>
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<td>NDSU - Bottineau</td>
<td>5:30 p.m.</td>
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<tr>
<td>6</td>
<td>U of ND - Lake Region</td>
<td>5:30 p.m.</td>
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<td>11</td>
<td>Concordia JV</td>
<td>5:30 p.m.</td>
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<tr>
<td>14</td>
<td>Rainy River (C)</td>
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<td>15</td>
<td>Hibbing (C)</td>
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<td>21</td>
<td>at Mesabi (C)</td>
<td>6:00 p.m.</td>
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<tr>
<td>22</td>
<td>at Vermilion (C)</td>
<td>12:00 noon</td>
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<td>25</td>
<td>Mayville</td>
<td>7:30 p.m.</td>
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<td>Itasca (C)</td>
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<td>at Fergus Falls (C)</td>
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<td>5</td>
<td>Bemidji (C)</td>
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<tr>
<td>8</td>
<td>at Northland (C)</td>
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<td>12</td>
<td>Fergus Falls (C)</td>
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<td>Northland (C)</td>
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<td>at Bayrd (C)</td>
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<td>25</td>
<td>State Tournament</td>
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<td>27</td>
<td>at Willmar</td>
<td>TBA</td>
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Team Statistics

<table>
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<td>Chrissy Nettum</td>
<td>48</td>
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<tr>
<td>Tricia Swenson</td>
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<tr>
<td>Danielle Prusia</td>
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<td>Amy Blackman</td>
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<td>Sara Olson</td>
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<td>Lisa Fontaine</td>
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<td>Nina Davis</td>
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<td>Carrie Babinski</td>
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<td>Tiffany Malmlov</td>
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<td>Danielle Prusia</td>
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<td>Lisa Fontaine</td>
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<td>Tricia Swenson</td>
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<td>Sara Olson</td>
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<td>Danielle Prusia</td>
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<td>Chrissy Nettum</td>
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<td>Danielle Prusia</td>
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<td>Tiffany Malmlov</td>
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<td>Nina Davis</td>
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TPM: They are not all there is to replace talent, and although many players left the program this year, the team is still high on talent. The two returning sophomores this year are Tricia Swenson and Amy Blackman. Nina Davis is also a sophomore but has not played since the 1990-91 season. Swenson, who last year was named to the All-Northwest Division second team, has had several injuries over the last two years with both Volleyball and Basketball. Swenson averaged 8.3 ppg last year and was the team's leading rebounder. Blackman hit 11 three pointers last year and was voted most improved player over all.

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UMC Women's Basketball Schedule

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16 at NDSU - Bottineau 6:00 p.m.
20 at University of North Dakota 5:30 p.m.
22 at Lake Region 6:00 p.m.
24 at Concordia 5:30 p.m.
26 at Moorhead 6:00 p.m.
28 at Northland 6:00 p.m.
30 at Climax 6:00 p.m.

DECEMBER
1 at Fergus Falls 6:00 p.m.
3 at Northland 6:00 p.m.
5 at Willmar 6:00 p.m.
7 at Brainerd 6:00 p.m.
9 at Rainy River 6:00 p.m.
11 at Park River 6:00 p.m.
13 at Mayville 6:00 p.m.
15 at Northland 6:00 p.m.
17 at Willmar 6:00 p.m.
19 at Brainerd 6:00 p.m.
21 at Willmar 6:00 p.m.
23 at Northland 6:00 p.m.
25 at Vermilion 6:00 p.m.
27 at Mayville 6:00 p.m.
29 at Northland 6:00 p.m.
31 at Park River 6:00 p.m.

FEBRUARY
1 at Moorhead 6:00 p.m.
3 at Moorhead 6:00 p.m.
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7 at Moorhead 6:00 p.m.
9 at Moorhead 6:00 p.m.
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31 at Moorhead 6:00 p.m.

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Men's basketball team shows talent for 1993-94

Christopher W. Walsh
Sports Editor

With the experienced sophomores and talented freshman, the University of Minnesota Crookston men's basketball team will be well balanced as far as scoring and depth.

Returning sophomore captains for this year's squad are Wayne Jackson, power forward; Donovan Quam, shooting guard; and Bryan Ambuehl, small forward. Jackson, Thompson, MAN, last year's most improved player, was the top rebounder in the Northwest Division last season, averaging 12.1 per game, and was third in rebounding in the MCCC. Quam, Goodridge, MN, was sixth in the Division in three point shooting averaging 1.3 per game, and ranked ninth in three point shooting percentage with .295. Ambuehl, Hillsboro, MN, was also known for his three point shooting ranked ninth in assists with 3.3 per game.

Other returning sophomores are Mark Dick, St. Thomas, ND; Rob Anderson, Shoreview, MN; Adrian Jordan, Winnipeg, MAN; and Kris Brekken, Hillsboro, ND. Dick and Anderson didn't see much time last year, but both are potential threats with their three point shooting. Brekken is strong and bangs the boards.

Freshman joining the squad are Gary Schindler, Crookston, MN; Jamie Beaber and Andy Dumas, Grand Forks Red River, ND; Jeremy Englestad, Gatzke, MN; Clint Lake, Winnipeg, MAN; Daren Ullrich, Lake Park, MN; Dennis Johnson, Twin Valley, MN; and Dan Phillips, Langdon, ND.

The Trojans play in 5 non-conference games and two tournaments before heading into conference play on January 14 versus Rainy River at home at 8pm.

The '93-94 UMC Trojan Basketball Team

Intramural Volleyball Standings

Mens League

<table>
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<tr>
<td>Bezerkers</td>
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<td>1</td>
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<tr>
<td>I-TAPA-KEGA</td>
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<td>1</td>
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<tr>
<td>No Names</td>
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<td>2</td>
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<td>The Ultimates</td>
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<td>3</td>
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Coed League

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<td>Sold the farm</td>
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<td>0</td>
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<tr>
<td>The Brew Crew</td>
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<td>0</td>
</tr>
<tr>
<td>Fear us</td>
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<td>1</td>
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<tr>
<td>The Rebels</td>
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<td>2</td>
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<tr>
<td>Club 69</td>
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<td>2</td>
</tr>
<tr>
<td>The Unknowns</td>
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<td>2</td>
</tr>
<tr>
<td>Unseen Power</td>
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<td>2</td>
</tr>
</tbody>
</table>
tis the season to be jolly, damn it!

Joan Darco
Staff Writer

HO! HO! HO! MERRY CHRISTMAS! At this joyous time of year, how can one not help but feel... depressed? Yes, this wonderful season of merriment can leave many of us feeling a little blue. This can stem from many different factors.

For some of us, we are away from our families and are missing out on holiday preparation. We are sick of school and trudging through a foot of snow. But for others, the holidays can be a time of a more serious depression.

Feelings resulting from the loss of relationships, whether through death or divorce, a serious lack of funding, or ill health can all be intensified by expectations of happiness, gift giving, and Christmas activities.

When I went to the library looking for some more information on this subject, Seasonal Affective Disorder also came up on the computer screen. So I decided to investigate the correlation. The following information is taken from The Light Book by Jane Wegscheider Hyman.

Seasonal Affective Disorder (SAD) is described as a reaction to decreasing sunlight. Many people experience extreme fatigue and a desire to sleep, accompanied by feelings of sadness, irritability, and anxiety. It can also surface as a lack of concentration, social withdrawal, reduced sexual drive, and a craving for carbohydrates.

Actually, some of this sounds similar to hibernation, which may have been useful in man's earlier days.

Treatment for SAD usually consists of exposure to light, natural or artificial. The book also gave these suggestions:
1. Try and spend at least one hour a day outdoors during sunlight.
2. If possible, try to work in an area with windows.
3. Look at the sky frequently.
4. Eat the food you crave.
5. Remind yourself that these feelings are not your fault.
6. If your depression is severe and/or long lasting, get professional help.
7. As far as making it through the holidays, Laurie Wilson, one of the counselors at the UMC Counseling and Career Center, gave me these suggestions:
   a. Don't drink excessively.
   b. Set reasonable expectations, both financially and emotionally.
   c. Don't think that the holidays will bring changes that otherwise wouldn't happen.

Hopefully this information will help you lessen the holiday blues. If not, however, take heart—the days will soon grow longer, and the new year is less than a month away.

How to put more stress in your life

1. Plan to oversleep every morning.
2. No matter where you are going, always leave for the appointment at the time you should be arriving. On the way there, drive, walk, or ride your bike no further than two feet from the car or person in front of you.
3. Eat plenty of junk food, drink too much, take drugs, have lots of unsafe sex with lots of different people—and above all, FEEL GUILTY ABOUT IT! Don't pay attention to your body.
4. Consider the power of negative thinking. Do things you don't like and avoid doing what you really want. Follow everyone else's opinion and advice.
5. Make a special effort to take note of irritations in your life and blow them out of proportion. Be resentful and hypercritical, especially to yourself.
6. Procrastinate, worry, and whenever possible, lose sleep over nagging problems. Don't forget to blame others for all your problems.
7. Never read a book for pleasure or simply sit and listen to music. Avoid deep, lasting, intimate relationships.
8. When engaged in one activity, be sure to be thinking about another. Fill your mind with dreadful pictures, and then obsess over them. Worry most, if not all, of the time.
9. Always say YES when you really mean NO. Do not express your feelings openly and honestly.
10. When a deadline is a week away, begin worrying about it. Worry for six days, then begin working in a rushed manner. Meet the deadline without a minute to spare, and then congratulate yourself on how well you work under pressure.
11. If you've been sleeping less than four hours a night, consider eliminating this activity altogether.
12. Shun anything that resembles a sense of humor. Life is no laughing matter. Avoid making any changes which bring you greater satisfaction and happiness.

UMC Theater to perform "The Butler Did It" in January

Richard Jensen
Staff Writer

UMC's Theater Department, directed by George French, will be performing a delightfully hilarious murder mystery entitled "The Butler Did It" written by Tim Kelly. This play is set in the 20th century.

Miss Maple, a dowager with a reputation for "clever" weekend parties, invites a group of detective writers to eerie Ravenswood Manor on Turkey Island, where they are to impersonate their fictional characters.

The hostess has arranged all sorts of amusing incidents: a mysterious voice on the radio, a menacing face at the window, a mad killer on the loose. Who is that body in the wine cellar, anyway? Why do little figurines keep toppling from the mantel? Then a real murder takes place, and Miss Maple is outraged. She offers an immense reward to the "detective" who can bring the killer to justice. And what an assortment of zany would-be sleuths! When they're not busy tripping over clues, they trip over each other!

Performances will consist of two dinner theaters in the Bede Ballroom January 20 & 21, with dinner at 6:00 p.m. and show at 7:00 p.m. And, a 7:00 p.m. performance on January 22; refreshments will be served during intermission.

Come join the all-star cast; Cara Pester, Eric Klindt, Sarah McIntosh, Shelby Rich, Sarah Tobin, David Murray, Richard Jensen, Grant McCanna, Michelle Trudeau and Mike Noel, as they unmask the real killer in this side-busting thriller.

Fish of the Month
Sponsored by Joline's Tropical Fish

Angelfish
(Pterophyllum scalare)

The angelfish is one of the most popular aquarium fishes on the market today. This is due in part to its beautiful and varied finnage and to its sleek body shape.

The angelfish is by far the easiest fish for both beginners and the more advanced to care for, in my experience.

They will readily eat flake food and relish a treat of frozen brine shrimp or blood worms.

Angelfish can easily live for seven or eight years, and I have heard of some living ten years.

The angelfish comes in several varieties including the mottled, silver, black, golden and many variations in between.

They are also very inexpensive. With a price range of $3.00 for babies, up to $30.00 for large adults, you can't go wrong. There is a fish in everyone's price range.

Hello from Minnesota

1. I came. I thawed. I transferred.
2. Survive Minnesota—the rest of the world is easy.
3. If you love Minnesota, raise your right ski.
4. Minnesota—where visitors turn blue with envy.
5. Save a Minnesotan, eat a mosquito.
6. One day it's warm—the rest of the year it's cold.
7. Minnesota—home of blonde hair and blue ears.
8. Minnesota—mosquito supplier to the free world.
9. Minnesota—come fall in love with a loon.
10. Land of many cultures—mostly throat.
11. Where the elite meet the sleet.
13. Land of two seasons: Winter is coming, Winter is here.
14. Minnesota—glove it or leave it.
15. There are only three things you can grow in Minnesota: colder, older, and fatter.
16. Many are cold, but few are frozen.
17. Why Minnesota? To protect Manitoba from Iowa.
18. Land of 10,000 Petersons.
19. Land of the ski and home of the dazed.
20. 10,000 lakes and no sharks.
21. In Minnesota ducks don't fly south, people do.

Adapted from an anonymous source. Taken from fax flyer courtesy of George Nomes.
Variety

You are getting very sleepy...

Hypnosis can be entertaining, fun and helpful

Nathan Benesh
Staff Writer

Did you know that you go into a state of hypnosis every day? It's true! Once in the morning, before you wake up and once right after you fall asleep. There are also several times during the day that you go into a trance or what we call daydreaming.

Hypnosis when properly used, is perfectly safe. While under hypnosis you are always fully aware of your surroundings. There is no chance of "passing-out," no matter how deeply you may go. You never lose control of yourself, just your inhibitions.

You may wonder, "What will it feel like?" The following are some of the actions I, personally, did at a hypnotist show and some of the strange phenomena that occurred.

To become hypnotized, begin by taking deep breaths in and slowly exhaling them. A red light can be used to help you concentrate and focus your attention.

As you focus on the light, the outer parts of your vision begin to turn black and the light that you are staring into becomes brighter and brighter. Soon the light is all-consuming.

Your eyes will become tired and eyelids heavy. As your eyes get more and more tired, just allow them to shut.

The key to hypnosis is relaxation. You need to get rid of all tension in your muscles and forget all the problems that trouble you.

Some of the most interesting phenomena that hypnosis produces are an uncontrollable blinking movement of the eyes and an increase in your heart rate. These are all normal symptoms and are a sign that you are beginning to slowly go down into a trance.

Signs that you have reached a light to medium trance include a feeling of heaviness in the arms and legs, and partial amnesia upon awakening. Signs that you have reached a deep state of hypnosis include: complete age regression, ability to open the eyes without awakening, complete anesthesia, complete amnesia, control of body functions, positive or negative hallucinations of all five senses, and time distortion.

Most of the above list happened to me. It was eerie to lose over an hour of time in what felt like five minutes. I even had partial amnesia when told I would not remember my name. For the life of me, I did not know my name.

Age regression is probably one of the most exciting things about hypnosis. You are able to go back in time and relive an incident that happened to you at the age of five.

These occurrences should never scare one from trying a controlled hypnosis. There are so many positive things that can happen, like losing weight, stopping smoking, or even improving your sex life. Give it a try the next time there is a hypnotism in UMC.

Factoids

• The pumpkin has been known to develop roots whose total length reached 82,000 feet, or more than 15 miles.

• At a steady jogger's pace of six miles per hour, it would take 173 days to go around the equatorial circumference of the earth.

• In seventeenth-century France, the punishment for believing in the existence of atoms was the death penalty.

Compiled from OMNI magazine, Jan. 94 issue

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A tree is not just a tree

James Lefor
Staff Writer

During the break I was at Bemidji, eating at Perkins with my fiancé. While we were waiting for the food we were discussing what kind of tree was out front. We do this to test each other since I'm a natural resource major, and she is a horticulture major. I said it was a maple and she was not sure what it was. In her frustration she exclaimed, "A tree is just a tree!"

This is when I said, "A tree is not just a tree." A tree is many things.

The first thing I see in a tree is a job. My future career in natural resources depends on trees and the animals that use them.

But I am not the only one. Basically, everybody in North America depends on trees. Each person has a specific use for a tree, such as firewood, shade, lumber, etc., but we all use trees every day without thinking about it.

Every piece of paper you use is a part of a tree, and most homes use some wood in their construction.

We humans are not the only ones who use trees for a home. A tree is a home for many animals. Some birds use the tree to nest in, while others use the tree to shelter their nest.

A few animals use trees, dead or alive, to burrow into. Yes, the dead trees are very important too. The many woodpeckers will make a hole, and other birds and mammals will use the hollow cavities for shelter.

The most common bird to use a hollow cavity for shelter is the wood duck. This bird was almost driven to extinction by land owners who cut the dead trees from around ponds and rivers. The bird was brought back to good standing with the use of nest boxes.

The many other birds and mammals that use these cavities are chickadees, squirrels, opossums, blue birds, and many more.

Some animals use the tree to rest and to hide in. Owls use the trees to spend the night. The goshawk uses the trees to hide from the ruffed grouse, which is its primary prey.

Several animals use the tree for food. Woodpeckers and flickers dig into the tree for insects, and sap suckers poke holes in the tree for the sap. Some animals eat the buds, and twigs. A couple, such as rabbits and beaver, chew the bark.

The deer and bear use the trees to mark their territory. The deer do this mainly during the mating season.

Other factors that make trees important include obvious things like the tree's appearance. This is very important to landscapers, who plant trees according to their size, shape, and their distinguishing characteristics.

Trees also help prevent pollution by taking in carbon dioxide and producing oxygen.

Many loggers across the US and Canada depend on trees for their livelihood. Several have only worked as loggers, just as their forefathers did.

Since we have learned more about lumber products, every tree can be utilized. With this technology we have slowed the vast cutting, and have made the cuttings smaller. After a tree is cut, loggers now attempt to replace that cut tree with a seedling. This helps ensure many trees for future use by both animals and humans.

While logging and lumber is important for construction and economic growth, there are those who don't like it. These people are called "tree huggers." They got tagged with the name because they have been known to protest logging by actually hugging trees to protect them from the saws.

Tree huggers not only hug the trees, they sometimes put nails into the trees. These nails will destroy or damage the equipment of loggers. Tree huggers would even give their lives for a tree by standing in front of the logging machines.

The tree is much more than a home, hiding place, food, and income. The tree is also a historian. It will give you the average weather conditions and the environmental impact of the area, shown in the growth rings.

Growth rings are made by the growing tree. A tree does not grow upward, it grows outward. With each year a tree produces two rings: from the spring and summer. The weather conditions are shown in the rings by their thickness. All these examples show why a tree is not just a tree...
Merry Christmas from everyone at the Fourth Estate! And best wishes for a happy and joyous new year!

Interested in writing for The Fourth Estate?

Our meetings are held Mondays at 4:30 p.m. in Hill Hall 15. Just stop by.
Or visit with Linda Wiggins, Andrew Svec, or any of the paper's staff members.

Ten things to do with leftover Thanksgiving turkey at Christmas time

1. Use discarded turkey skins as unique holiday gift wrap
2. Send the turkey guts to whoever sent you that damn fruit cake
3. Turkey leg mistletoe
4. Holiday stocking stuffers
5. Create a turkey glaze to cover that lovely fruit cake
6. Spend countless hours with your children making turkey chunk ornaments
7. Bake chocolate chip and turkey chunk cookies for Santa
8. Reheat it an eat it, turkey is turkey right?
9. Blend it well and have Turkey drinks after dinner
10. Shape turkey parts into Holiday figures for turkey cookies for your friends and loved ones to share

When people say they're from a small town and then tell me there are about ten-thousand people in it I have to laugh. You see I come from a small town, right around three-hundred people and that includes cats, dogs, and squirrels.

If you're from a town similar to this one then you could probably understand the culture shock I experienced when I went to the Twin Cities for Thanksgiving break.

Now don't get me wrong, it's not as if I don't get anywhere. I have traveled all over the western half of the U.S. It just so happens that the only amount of time I ever spent in any one city is the time it took to drive through it.

Minneapolis might not seem that big to some of you but it is like a whole other world to me. In my town there are no gangs, prostitutes, strip clubs, or gay bars like there are in Minneapolis.

In the week I spent in the Twin Cities I saw things that I probably would have never been able to see otherwise. I even went to a Timberwolves game and actually enjoyed it.

I know this might seem trivial to some people, but if you're from one of these small towns and have never experienced the city "live," I encourage you to do so. Just make sure that you have someone who knows their way around and who will make it fun for you.

If you get the chance to do some of the things that I did, you'll never forget the experience.

Look for the next issue of The Fourth Estate on January 28, 1994
I, Variation THE Crossword

ACROSS
1 Sits in for another 48 Certain passes
2 Recorded 52 Food scrap
3 Five 53 Flat land
4 Snare 56 Lauds
5 Egg-shaped 60 Business
ebdom
6 1 - man with seven.... 61 John or
7 Money exchange premium 64 Baking chamber
8 Class of objects 65 Bring out
9 Eng. river 66 Story
10 Bar drinks 67 Marries
11 Eggs maker 68 Stitched
12 Short jacket 69 Hurried
13 Mentally well 70 Goes to bed
14 Snare 71 Predetermine
15 Egg-shaped 72 Building site
16 "1 - man with seven.... 74 Sheet
17 Money exchange premium 75 Eagle 's nest
18 Class of objects 76 Trousers
19 Eng. river 77. ' 25 Eagle 's nest
20 Goes to bed 78. ' 26 Trousers
21 Legendary bird 27 Tracking device
22 Predetermine 28 Follow after
23 Fathered 29 Kind of school: abbr.
24 Building site 30 Runaway
25 Attacks 31 Scent
26 Explosion 32 Original
27 Tracking device 33 Across: pref.
28 Follow after 34 Come to earth
29 Kind of school: abbr. 35 Otherwise
30 Runaway 36 Volcanic mountain
31 Scent 37 Mistake
32 Original 38 Newspaper items
33 Across: pref. 39 Invented
34 Come to earth 40 Taken by force
35 Otherwise 41 Eggs
36 Volcanic mountain 42 Kind of bath
37 Mistake 43 Countries
38 Newspaper items 44 Flirtatious girl
39 Invented 45 Last word
40 Taken by force 46 Gives medical
41 Eggs 47 Cuts
42 Kind of bath 48 Certain passes
43 Countries 49 Age
44 Flirtatious girl 50 Relates
45 Last word 51 Depart
46 Gives medical 52 Food scrap
47 Cuts 53 Flat land
48 Certain passes 54 Wander

Down
1 Headliner 62 Fancy knot
2 Strong desire 63 Shoe bottom
3 Fisher man's need 64 Baking chamber
4 Ruined 65 Bring out
5 In unison 66 Story
6 Sts. 67 Marries
7 Kitchen vessel 68 Stitched
8 Musical composition 69 Hurried
9 Gobi, for one 70 Goes to bed
10 Bar drinks 71 Predetermine
11 Jeans maker 72 Building site
12 S ����蛋 73 Egg-shaped
13 Mentally well 74 Sheet
14 Snare 75 Eagle 's nest
15 Egg-shaped 76 Trousers
16 "1 - man with seven.... 77. ' 25 Eagle 's nest
17 Money exchange premium 78. ' 26 Trousers
18 Class of objects 79. ' 27 Tracking device
19 Eng. river 80 Goes to bed
20 Goes to bed 81 Predetermine
21 Legendary bird 82 Building site
22 Predetermine 83 Egg-shaped
23 Fathered 84 Come to earth
24 Building site 85 Otherwise
25 Attacks 86 Volcanic mountain
26 Explosion 87 Mistake
27 Tracking device 88 Newspaper items
28 Follow after 89 Invented
29 Kind of school: abbr. 90 Taken by force
30 Runaway 91 Eggs
31 Scent 92 Kind of bath
32 Original 93 Countries
33 Across: pref. 94 Flirtatious girl
34 Come to earth 95 Last word
35 Otherwise 96 Gives medical
36 Volcanic mountain 97. ' 27 Tracking device
37 Mistake 98 Kind of bath
38 Newspaper items 99 Age
39 Invented 100 Depart
40 Taken by force 101 Flat land
41 Eggs 102 Food scrap
42 Kind of bath 103 Baking chamber
43 Countries 104 Building site
44 Flirtatious girl 105 Egg-shaped
45 Last word 106 Sate
46 Gives medical 107 Sate
47 Cuts 108 Kind of bath
48 Certain passes 109 Sate
49 Age 110 Sate
50 Relates 111 Sate
51 Depart 112 Sate
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53 Flat land 114 Sate
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62 Fancy knot 117 Sate
63 Shoe bottom 118 Sate
64 Baking chamber 119 Sate
65 Bring out 120 Sate
66 Story 121 Sate
67 Marries 122 Sate
68 Stitched 123 Sate
69 Hurried 124 Sate
70 Goes to bed 125 Sate
71 Predetermine 126 Sate
72 Building site 127 Sate
73 Egg-shaped 128 Sate
74 Sheet 129 Sate
75 Eagle 's nest 130 Sate
76 Trousers 131 Sate
77. ' 25 Eagle 's nest 132 Sate
78. ' 26 Trousers 133 Sate
79. ' 27 Tracking device 134 Sate
80 Goes to bed 135 Sate
81 Predetermine 136 Sate
82 Building site 137 Sate
83 Egg-shaped 138 Sate
84 Come to earth 139 Sate
85 Otherwise 140 Sate
86 Volcanic mountain 141 Sate
87 Mistake 142 Sate
88 Newspaper items 143 Sate
89 Invented 144 Sate
90 Taken by force 145 Sate
91 Eggs 146 Sate
92 Kind of bath 147 Sate
93 Countries 148 Sate
94 Flirtatious girl 149 Sate
95 Last word 150 Sate
96 Gives medical 151 Sate

Bizzarro Mundo... Part II

Magnum Bizarro
Staff Epicurean and Libra

At the Elvis bowl-o-rama I started counting velvet shoes and wondering how big ones collar should be. My wife Mimi seemed amused at how cheap Elvis wigs were in Vegas.

Back in Philly, Zak and Louis started searching exotic animal farms for trainable monkeys. It had occurred to them while driving in the red convertible that even mearly maiming Leno would end his Doritos ads.

A gypsy wondered out of a side bar looking remarkably like Zak. The idea of trying to find his real mother when this was all over, filled his head. His father had only told him fragmented stories of her and the way she moved in a lucid, poly'ester dress.

Zak and Louis had left the Pretzel Emporium in the care of Habib a Pakistani gentleman from England. Habib possessed a strange Karma when he was around pretzels that enveloped them all.

To be Continued......

We are your Christmas store!
Come in and let us satisfy all your sending
needs.
Open 7 days a week
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Sat., 9 a.m. - 6 p.m.
Sun., 9 a.m. - 4 p.m.

Dick Maves and staff welcome you!!
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Crookston, MN 281-3700

The World Village

According to the World Development Forum, if our world were a village of 1000 people, there would be 564 Asians, 210 Europeans, 86 Africans, 80 South Americans, and 60 North Americans

The religious denominations of these world villagers would be: 300 Christians (183 Catholics, 84 Protestants, 33 Orthodox), 175 Muslims, 128 Hindus, 55 Buddhists, 47 Animists, 85 from other religious groups (including Jews), and 210 atheists

Of all these world villagers 60 would control half the world's total income, 500 would be hungry, 600 would live in shantytowns, and 700 would be illiterate.
It's not Bill and Hillary's, but it has its own charm

Joan Darco
Staff Writer

When I told a friend I was going to The White House, she looked at me like I had been out in the cold too long. Most people probably would if they were unaware that UMC has its own White House. I knew we had one, but I was completely ignorant as to its purpose on campus. So when the subject of this article came up, I knew I had some research to do.

I started out by stopping over at the White House for some information. I was cheerfully greeted by Kathy Braukmann, a secretary, who gave me a brochure and a booklet to read. I took those home and read them, but I still didn't feel I had enough information, and I also wanted a little more personal view, so I called Ardis Thompson, head secretary at the White House, and set up a time to go over and see her. This is what I learned:

The UMC campus was originally a residential agricultural high school, the Northwest School of Agriculture (NWSA). It was established in 1905, and was already part of the University of Minnesota.

The NWSA students lived on campus, and therefore needed a superintendent. The White House was where the superintendent and his family resided. From 1905 to 1968, the building saw five families come and go. At the end of that time, the Northwest School of Agriculture became the University of Minnesota, and the White House became the Center for Student Activities.

In 1981 the Home Economics Division moved into the White House for only two years. Since 1983, the White House has been the NWSA/UMC Alumni Center. Present UMC students are not directly affected by the White House. However, once they become alumni, it serves as a connection to UMC.

The White House currently employs four staff members: Allan Larson, director; Barbara Weiler, assistant director; Ardis Thompson, secretary, and Kathy Braukmann, who is also a secretary.

I would like to give a special thanks to Ardis for her time and cheerful disposition.

P.S. They have some great photographs and other memorabilia over there, just in case anyone is interested.

UMC's White House is the center for UMC Relations and the Alumni Association. Originally the home for the North West School of Agriculture's superintendent, it now serves as a campus showroom. It has been totally renovated, and there are many pieces of UMC and NWSA history stored there for public viewing. Stop by and visit. The staff is more than happy to have you stop by.

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Watch for Rock 'N' Bowl & Moonlight Bowling coming soon!
The Back Page

Classified Ads

YEARBOOKS for the 92-93 academic year are here. If you haven't picked yours up, you may do so at the Bede Info Desk.

DAY LOCKERS are now available. You may check out locks at the Bede Info Desk for a $5.00 refundable fee. Stop by the Info Desk if you have any questions.

PART TIME JOBS AVAILABLE. Stop by the Counseling and Career Center and check out the part-time jobs available in the Crookston area. A job board is right outside the C&CC office, Bede Hall, room 106.

THINKPAD COMPUTERS. UMC Business Office announces the used IBM Thinkpad 350 price schedule and time table for FY93-94. Student purchase price for each quarter plus sales tax is as follows. From now through Jan 31, 1994: hardware only $1,844; hardware and software $1,999. February 1, 1994, through April 30, 1994: hardware only $1,609; hardware and software $1,744. May 1, 1994, through June 30, 1994: hardware only $1,456; hardware and software $1,591.

SKI PACKAGES—Cross country ski packages and snow shoes are available for rent at Bede Student Center. Fill out a card at the Bede Info Desk to arrange ski fit with height, weight, and shoe size.

FRIEND NEEDED—want a visiting friend for a 25 year old male who is developmentally disabled. This would be a good service to experience for a student. For more information, contact Dale Knotek at ext. 8505 or Collette Conati at ext. 8516.


FOR SALE - Used 38 gallon All-Glass Aquarium with fluorescent light. Like new and in perfect condition. Paid $90, Asking $60. Also for sale, two used Whisper 4000 Wet/Dry Power Filters. Paid $55, Asking $35. This would make a great Christmas present. Call 281-8846 and if I'm not there, leave a message.

FREE CATALOG of Government Books. Send for your copy today! Free Catalog Box 1000 Washington DC 20013-2000

The Personals

THANKS to Ann Heineze for coordinating the computer mini-fair last Monday, December 6. You did a great job, and it is appreciated.

Happy Birthday to Chris Walsh, Sports Editor of the Fourth Estate. Have a great day and keep up the Great work.

--The Fourth Estate Staff

THANKS to Dennis Magsam for your last-minute photographic help with sports team photos. It is always appreciated.

--The Fourth Estate Staff

Look for the next issue of The Fourth Estate on January 28, 1994

Upcoming Events

Tuesday, December 14
- Convocation Bede Ballroom 10:00 a.m.
- Women's Basketball vs. NDSU Lysaker Gym 7:30 p.m.

Wednesday, December 15
- Christmas Dance Teaching and Outreach Complex/UMC Arena 9:00 p.m.

Thursday, December 16
- Christmas Concert UMC Choir Campus Ministry Bede Ballroom 7:30 p.m.

Holiday Break Dec. 18-Jan. 2

Sunday, January 2
- Residence Halls open 1:00 p.m.

Tuesday, January 4
- Student Senate Meeting Dowell 115 6:00 p.m.

Wednesday, January 5
- Student Success Fair Trojan Inn 10:00 a.m.-2:00 p.m.
- Campus Ministry Meeting Bede Hall 6:00 p.m.

Thursday, January 6
- Men's and Women's Basketball vs. UND Lake Region Lysaker Gym 5:30 p.m. & 7:30 p.m.

Saturday, January 8
- Men's and Women's Basketball vs. NDSU Bottineau Lysaker Gym 1:00 p.m. & 3:00 p.m.
- Hockey vs. Hibbing Crookston Arena 7:30 p.m.

REMEMBER: The Classified Ads and the Personals are free to UMC students, faculty and staff. To place an ad, send it to: The Fourth Estate, UMC Box 999. Our next issue will be out December 10.

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SUB SHOP

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