UMC Excited about New Computerized Registration

UMC News Release

UMC students will soon find yet another use for their notebook computers. Beginning with the upcoming registration for winter quarter, students will have the opportunity to register for classes with their computers via the Student Access System.

This new process has been named "self-registration" and will help eliminate long lines during registration. Students will still be able to register in person "the old way" at the Registrar's Office in Selvig. But they will now also be able to register over the Local Area Network (LAN) from computer labs, classrooms, residence halls, adviser's offices, or from off campus using the phone modem in their computers.

Winter quarter class schedules should be available Friday, October 14 at the Registrar's Office. Students will still need to make appointments to meet with their academic advisers sometime between October 17 and 21 to plan and discuss their course schedules.

These adviser meetings will be important to the new self-registration process because students need to bring their registration form with their adviser's signature on it in order to gain approval to self-register.

As with any other registration session, all currently enrolled students will receive a Registration Status Notice (RSN) in their campus post office boxes. Students may register on or anytime after the date and time indicated on the RSN. A full set of self-registration instructions will be attached to the RSN.

Even though everyone will still need to stop by the Registrar's Office, the new process should reduce lines during actual registration. Students who wish to use the computerized registration can meet with their advisors, plan their schedules, and receive approval to self-register anytime between October 14 and 24. Then at the time listed on their RSN, they can simply log into the student access system and register.

What's in a name, anyway?

If you are a new student to UMC, you're probably wondering why the paper is called The Fourth Estate. How did the name come about?

The term "The Fourth Estate" can be attributed to Sir Thomas Baskington Macaulay, who in his 1828 essay, wrote, "The gallery in which the reporters sit has become the fourth estate of the realm."

According to Webster's New International Dictionary, the fourth estate is "the public press, the newspaper profession." There are traditionally three other "estates" or classes in medieval and early modern society: Nobility (the first estate), Clergy (the second estate), and everyday people—or the masses (the third estate). The fourth estate is the press.

UMC's Early Childhood 4-year Program Awaits Approval from Minnesota Higher Ed Board

UMC News Release

On October 20, 1994, UMC hopes to have final approval to offer its ninth full-time baccalaureate degree program. That's the day the Minnesota Higher Education Coordinating Board (MHECB) votes to approve UMC's bachelor of science degree program in early childhood program management.

"It looks optimistic," says Marilyn Grave, head of the early childhood education department at UMC.

Grave says she's optimistic because the program was initially approved on September 28 by a MHECB committee of professional staff, administrators, and representatives of the other systems of higher education in the state. She's also optimistic because she and others in the management division at UMC "have worked very hard" to set up this newest bachelor's program.

As is stands, if the MHECB grants approval to the program, classes to fulfill the requirements could begin as early as the upcoming winter quarter.

The bachelor of science program in early childhood program management would be a shared program between UMC and Bemidji State University (BSU). UMC students would receive all courses on-site, either through regular class offerings or via interactive television (ITV) courses originating at BSU.

While the degree would be the result of the shared program, the actual B.S. degree would be granted by the "institution of residence." That means students enrolled at UMC would receive their degree from the University of Minnesota, and students at BSU would receive it from BSU.

According to Grave, most of the program courses will originate at UMC. General education courses, the early childhood education core, and the program management core will all originate here. All of the pre-kindergarten licensure requirements, however, will originate at BSU and be available to UMC students over ITV.

The bachelor's program in early childhood program management will provide 'pre-K' licensure, which is a benefit for those students hoping for employment in a public school system. The program will also be more academically demanding than UMC's associate program in early childhood education.

Before students can be admitted to the baccalaureate program they must have at least a 2.5 G.P.A. They will also need to take the Pre-Professional Skills Test (PPST).

The PPST is a standard requirement for most people entering the field of education. It is offered on a regular basis throughout the state. The next scheduled test date is November 12 in St. Paul and Grand Forks.

Grave encourages any students wishing to enter the early childhood program management degree program to take the test on that date. Interested individuals should contact her at 281-8276 for more information.
Salary survey of new grads shows slight increase

College Press Service

New college graduates had more job opportunities than last year, but their starting salaries rose only slightly, a College Placement Council survey has found.

The hiring of new college graduates was up from or even to last year's hiring, according to the September 1994 issue of the CPC Salary Survey.

While an improving economy was credited for the increase in hiring, low inflation rates continue to keep most increases in starting salaries at a minimum, said Dawn Oberman, director of employment for CPC.

So what jobs fared the best?

- Job candidates in most business disciplines posted respectable gains in their starting salary offers.
- Accounting graduates earned a 3.2 percent increase and now average $28,372, while business administration graduates saw their average offer rise 2.2 percent to $25,102.
- Engineering graduates continue to face stiff competition for jobs in the manufacturing sector, which translates into starting salaries that remained at last year's levels of from $29,000-$35,000.
- Computer science graduates ended the year with a 1.4 percent increase in their starting salary offers for an average of $31,783.
- For humanities and social science graduates, most salary increases were slight. For example, starting salary offers increased less than 1 percent for foreign language and English graduates, and they were down by less than 1 percent for political science graduates and psychology graduates. Starting salary offers averaged $24,369 for political science graduates and $20,488 for psychology graduates.
- Starting salaries for graduates in most health-care fields rose significantly. The exception was for nursing graduates, who saw their average starting salary offer fall for the second consecutive year. Starting salary offers to nursing graduates dropped 7.9 percent this year for an average of $28,594.
- At the master's degree level, MBA graduates enjoyed higher starting salaries. MBA graduates with nontechnical undergraduate degrees and no previous work experience received 6.2 percent higher starting offers for an average of $38,792. Their technical counterparts received 8.6 percent higher starting offers averaging $44,527.

While hiring increased this year, fewer employers are coming to campus to recruit for available positions, said Oberman. Instead, most career service offices receive job notices through fax, phone, and mailings.

The September 1994 CPC Salary Survey contains information from 378 career services offices during the period of September 1, 1993, to August 11, 1994, for 1993-94 new college graduates.

First few weeks critical to freshmen, says researcher

College Press Service

About one-third of incoming freshmen are not at the same college one year later, according to a Wartburg College (Iowa) researcher.

Cheryl Budlong, associate professor of education at Wartburg, says the most critical transition period for freshmen occurs during the first two to six weeks.

Budlong, who also coordinates the college's First Year Experience Program, says common reasons students give for leaving a college are academic boredom, irrelevance of general education courses, feeling academically unprepared, and a lack of certainty about a major.

"First freshmen experiences may be the single largest determinant of whether freshmen feel successful or unsuccessful in college," says Budlong, who has completed research on college retention.
Belief in UFOs stronger than in Social Security

College Press Service

Most young Americans are more confident that they'll have an encounter with a UFO than they are of ever cashing a Social Security check in their lifetime, a new study finds.

According to a study released by the Third Millennium, a nonpartisan group dedicated to national financial problems facing today's younger generation, 87 percent of Americans between 18-34 years old say they have absolutely no confidence in the Social Security System.

And while 46 percent of those surveyed say they believe in UFOs, only 28 percent think that Social Security will exist by the time they retire.

"Despite their faith in UFOs," says Richard Thau, executive director of Third Millennium, "young people know that the solution to the Social Security crisis will not fall from the sky."

To fix the system, 29 percent of those polled say they would slowly raise the eligible age for benefits to 70 while 82 percent favor allowing Americans to pay into their own personal federal account, similar to an Individual Retirement Account or IRA.

Survey results tell a "chilling tale of young people convinced that the social contract between the generations has been dissolved," say Thau. "Young people are worried that by the time they are old enough to retire, there will be no money left."

The survey, conducted by Republican pollster Frank Luntz and Democratic consultant Mark Siegel, also indicates that almost 50 percent of respondents believe that today's older Americans aren't receiving their fair share from the system.

Could a smoke help relieve depression?

College Press Service

Depressed people may smoke, in part, to relieve their depression, says a Southern Illinois University professor.

David G. Gilbert, a professor of psychology and nationally recognized expert on smoking, says some people may find it harder to quit smoking because nicotine affects them like an anti-depressant.

Gilbert, who heads the smoking and psychophysiology laboratory at SIU Carbondale, said his studies indicate that nicotine normalizes activity in the right side of the brain where negative moods and depression seem to originate.

When depression-prone people quit smoking they lose the lift the nicotine gives them and which their own bodies can't produce, Gilbert theorizes. After withdrawal, they return to a "normal" state that is more depressed than other ex-smokers. That puts them at a greater risk for relapse, he says.

Gilbert is testing his hypothesis in a five-year study of 120 female smokers funded by a $1 million grant from the National Institute for Drug Abuse. After completing the study, which is in its second year, Gilbert will compare the data with results from a smaller NIDA-funded investigation of male smokers he conducted a few years ago.

In particular, the data will enable Gilbert to examine gender difference in smoking. "Some of the literature suggests that females may smoke more to reduce tension and depression, while men seem to do it to improve concentration and alertness," he says.

Computer Registration

...continued from front page

If certain classes become filled or "closed," UMC students can contact the instructor to request to be added. If the instructor agrees, he or she will give the student a "magic number" that will allow the student to register for the closed class.

While many other colleges like Saint Cloud State, Bemidji State, and the University of Minnesota, Duluth are turning to phone registration, computerized self-registration is relatively new. Pilot groups of students on the U of M's Minneapolis campus have successfully and enthusiastically used the process over the past few quarters.

Dale Knotek, UMC's Registrar, hopes to expand the self-registration process over time. "Our goal is to make [registration] more user friendly," he said at an information session for faculty and staff. "We have the technology, and this is a great way to use it."

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Student Activities plans new kind of homecoming

Dale Vatthauer
Staff Writer

The Student Activities Committee is sponsoring Fall Fest ’94: A New Kind of Homecoming from Monday, October 17, through Friday, October 21. Elections will be held for a Fall Fest King and Queen. Candidates for King and Queen will be nominated from all full-time UMC seniors and juniors. A Prince and Princess will also be nominated from all full-time UMC freshmen and sophomores. Candidates will be nominated by the UMC student body in a series of elections.

The first nominations for royalty will be taken October 10 at the entrance of the UMC Conference Center. Semi-finalists will be selected by the student body on Wednesday, October 12.

The final voting will be done Monday, October 17, with the coronation held during the John Holm dance Tuesday, October 18, at 9:50 p.m. in the Lysaker Gym.

On Thursday, October 19, Student Activities will sponsor a card tournament in the Trojan Inn starting at 6:30 p.m. The tourney will feature two-person teams for Pinnacle, Smear, or Whist. A sign up sheet and rules will be placed in the Bede Info Desk. The tourney is open to all UMC students, faculty, staff, and administration. Student Activities will also sponsor bingo games with a money pot.

Other Student Activities News: the Student Activities Committee has five canisters of Coca-Cola products to give away to student groups each month. There is a sheet at Bede Info Desk where groups can sign up for these canisters, providing the club or function requesting the pop meets the right criteria. Any questions? Contact Dale Vatthauer or Dale Knoteck about this matter.

Fall Fest ‘94: A New Kind of Homecoming
Activities planned for the week of Oct. 17-21

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday:</td>
<td>Comedian James Wedgewood @ Noon</td>
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<td>Oct. 17</td>
<td>Trojan Inn</td>
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<td>Home football game @ 3:00 p.m.</td>
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<td>Tuesday:</td>
<td>Coronation</td>
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<td>Oct. 18</td>
<td>Dance to the John Holm Band</td>
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<td>Lysaker Gym @ 9:30 p.m.</td>
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<td>Wednesday:</td>
<td>Karaoke in Brink Hall @ 8:00 p.m.</td>
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<td>Oct. 19</td>
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<td>Thursday:</td>
<td>Vikings party in Bede Lounge @ 7:00 p.m.</td>
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<td>Oct. 20</td>
<td>Free pop and popcorn!</td>
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<td>Card Tournament</td>
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<td></td>
<td>Trojan Inn 6:30 p.m.</td>
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<td>Friday:</td>
<td>Home volleyball game vs. Minot State</td>
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<td>Oct. 21</td>
<td>@ 7:00 p.m.</td>
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<td>Featuring door prizes!</td>
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<td>Saturday:</td>
<td>Home football game vs. St. Vital</td>
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<tr>
<td>Oct. 22</td>
<td>@ 1:30 p.m.</td>
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<td>Parent’s Day</td>
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Halloween haunted house looking for spooks

UMC’s Music and Theater Department will sponsor a haunted house set up for the Crookston Community Halloween Party on October 30 at the Crookston Armory.

The Music and Theater Department has done this for several years and about 300 children walk through the spook house and are frightened each year.

The event calls for about 20 students to help prepare and scare the “victims.” If you are interested, contact George French at 281-8266 or e-mail him at GFRENCH.

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Lori Melbye, Mgr.
Theater prepares for "Damn" good show

Michelle Trudeau
Staff Writer

The cast list has been posted and rehearsals are under way for the fall musical, Damn Yankees. George French will be directing and he and the cast are very excited to be taking on such a major show.

Damned Yankees has everything it takes to make a great show, memorable songs, exciting characters and a script that makes everyone wonder what will happen next. This show has a little something for everyone: baseball, a deal with the devil and, of course, a little mushy stuff for those who enjoy a love story.

The show starts out with Joe Boyd (Damien Tuhy) making a deal with Applegate (Jeremy Bartosh), the devil, to become a young baseball star. Joe Hardy (Jeremy Woinarowicz). In order for Joe to do this he must leave his wife Meg (Cara Pester), without even saying good-by.

In a moment of weakness Applegate gives Joe an escape clause. So to try to get Joe to forget his old life Applegate brings in his sexy sidekick, Lola (Adrienne Stielt). While Applegate is doing everything to keep Joe from going home, Joe is winning games for the Washington Senators.

There are also many interesting characters among the ball club, the ball players are the following, Henry (Korey Hegreberg), Sohovick (Mark Grafstrom), Smokey (Eric Perkins), Linville (Kark Kluuesisto). Other members of the ball club are Van Buren (Rick Besser), Rocky (Grant McCanna), Lynch (Travis Steer), Welch (David Murray).

Some of the other interesting characters are Gloria (Marie Lubitz), the nosy news reporter. Meg's catty friends Doris (Dawn George French) if interested.

If anyone is interested in being involved in this show there are still places for people to help with lights, sound, costumes, set work and make-up. Contact George French if interested.

Unique opportunity in research program

UROP Applications Now Available

UMC News Release

Application materials for the Undergraduate Research Opportunities Program, or UROP, are now available in academic division offices.

Completed applications should be returned to the Office of Academic Affairs no later than October 24.

UROP offers financial awards to undergraduate students for research, scholarly, or creative projects undertaken in partnership with a faculty member.

UROP affords undergraduates with the unique educational experience of collaborating with a faculty member on the design and implementation of a project. It encourages students to conduct research and pursue academic interests outside of their regular courses by employing them to work on special projects.

UROP applications are judged on the quality of the proposed project and the educational benefit to the student.

Students may receive a stipend of up to $800 and an expense allowance of up to $250 for a single project. The maximum award is $1,050.

All full-time undergraduates are eligible to apply, provided they are in good academic standing and will have completed fewer than 216 credits by the anticipated completion of the UROP project. Students on academic probation and adult special students are not eligible.

For more information, please stop by one of the academic division offices: Agricultural Management Division (Hill 109), Management Division (Dowell 130), or Technical Studies Division (Conference Center).
Dynamic new UMC riding team

Jonathon Holland
Guest Writer

Starting this fall, the University of Minnesota, Crookston will see the development of a new intercollegiate sporting team. The Equine Science Club will sponsor a team to compete in the Intercollegiate Horse Show Association (IHSA). This association is comprised of approximately 250 colleges with about 4,500 riders competing in twenty regions. Each team competes within their respective regions, trying to qualify for their zone championships and ultimately the National championships. UMC will compete in the region made up of schools from Iowa, Ohio, Indiana, Illinois, Nebraska, and northern Kansas.

Students will have the opportunity to compete individually and on the team. Selection process for the team point riders will be left up to the team advisor and coach, those not selected for the team may compete individually. Team advisors and coaches for the UMC will be Dr. Melissa Hower and Tammy Lewis.

The IHSA was created in 1967 to afford student riders of any skill level or economic background to compete. Classes are designed for different levels of competition and disciplines. Students will compete from “Beginner Walk-Trot” to open divisions in hunter equitation, equitation over fences, and stock seat equitation.

Shows are hosted by colleges within the region. Horses and tack will be provided by the host college, while all the student needs to provide is proper riding attire for their respective discipline.

Part of the challenge lies in the fact that students will not get a warm up time with their mounts. They will only have enough time to get on the animal, adjust their stirrups, and then ride their pattern for the judges. Judges for the competitions are selected from the approved lists of the American Horse Shows Association and the American Quarter Horse Association.

The biggest hurdle for UMC’s Equine Science Team will be fundraising to cover expenses. The Equine Club will help to some extent with team expenses. However, students will have to raise funds to pay for the vast majority. One of the largest expenses will be travel and lodging.

Corporate sponsors of the IHSA are the American Horse Shows Association, American Quarter Horse Association, The Chronicle of the Horse and Miller’s. Anyone interested in the Equine Club and the IHSA team should contact Dr. Hower at 281-8125 or Tammy Lewis at 281-8127.
DO YOU LIKE TO HAVE FUN BUT DO NOT LIKE TO HASSLE WITH THE HANGOVER?

If so, then maybe you're who we're looking for. The Alcohol and Other Drug Awareness Program (AODAP) is looking for people who are interested in planning and sponsoring activities that provide an alternative to the "usual" alcohol related ones that always go on. If you are interested in having some fun, or if you just have some ideas on things that we can do to raise people's spirits without getting them high, then please contact: Tim Harrison, AODAP Coordinator at extension 8533.

Blast from the Past: 1934

This was the view facing north if you were standing approximately where the Children's Center playground is today during the spring of 1934. You can see the results of the spring thaw flooding as water approached the front steps of Robertson Hall (far left). Even though spring brought snow melt floods, the years between 1930 and 1938 were some of the driest of the century. The first seven months of 1936 alone broke all records at Crookston for heat, cold, and drought. It wasn't until 1937 that rainfall amounts returned to near normal.

If you want to find out more about the history of what is now the University of Minnesota, Crookston, stop by the White House, just north of Dowell Annex.

Source: "Cycle: A Chronicle of the Northwest School of Agriculture and Experiment Station"
Dear Editor:

In regards to the University of Minnesota, Crookston campus I would just like to say that I feel that Crookston is very lucky to have a part of the Minnesota University system here—right in our "backyard." The University adds so much to this town and to surrounding towns.

People coming to the University help to bring an improved economy to Crookston. The students go out to eat in Crookston's restaurants...helping the businesses to boom. They also shop in Crookston's stores and often take jobs in Crookston and the surrounding area, which also helps those businesses.

Very importantly, though, the University draws people from outside areas to come here, live here, and mix with our people—bringing with them as they come their own stories of their own lives back home and their own different, diversified cultures.

In Crookston, it seems to me since I have been attending here this year, ...that Crookston is a good town that accepts people, for the most part, for who they are. That is something very rare, and we can be thankful for that. If every place in the world were like that, think of what a wonderful place is which we would live!

Sincerely,
Rachel Westhed

Support UMC athletes: attend our games

Dear Editor:

No one comes to football or volleyball games. I wish the fans would be more supportive of the teams, and then maybe the team would get into it more. Because right now the only people that come to games are the parents of the players and maybe a dozen students.

I know not everyone loves sports and wants to sit and watch, but maybe you might see something you like or meet someone there. And from my point of view, I think both teams are doing very well going from two-year to four-year games.

I guess that what I've heard is that the basketball and hockey teams get a lot of support. If you can go to basketball or hockey, why can't you go to the volleyball or football games? It's not like [students] have to pay a lot to go.

I know people who drive for a couple of hours to come and watch the teams, and parents drive to see their kids play. It's like they're the only people in the stands.

Sincerely,
-Michael Eggen

Phone problems

Dear Editor:

I am writing this letter on behalf of many students here at UMC. It concerns the telephones in our rooms and exactly how to use them.

Ever since I arrived at UMC, my roommates and I along with many other people have had trouble with the phones in our [dorm] rooms. The problems range from learning our security code to changing our answering machine message to knowing the order of numbers you must dial to call someone.

My roommates and I have figured out most of the problems already by going through a lot of trouble to do so. It would take hours just to figure one thing out. We still don't know how to dial long distance and charge it to our room. I just found out a full month into school that different rings mean different things.

I know by asking many students here that other people are having as much trouble as we are. We receive a small instructional pamphlet at the begging trying to explain a few things on how the phone works. The pamphlet had very little information and the information that it did have wasn't informative enough to help you out.

I think that if you wrote a story on the problems students are having and how to cure them it would be very helpful. It would also be good if you explained a few things about the phones and how they work.

I know that it would help my roommates and I greatly if this was done, and I'm sure that it would help others as well.

Sincerely,
-Kyle Balharry
We could sure use extended library hours

Douglas Ellefson
Staff Writer

Take a minute to think and see if you are able to relate to this scenario. It's Sunday. You've just gotten back from visiting some friends back home. Time to settle down and get your plan made out for the upcoming week. Oops, you've got some work to do at the library. You probably should have thought about this before Sunday at 9:00 p.m., but you're in college! Damn! The library's closed. Oh well, you can make it tomorrow, this will give you time to dream up a believable story for your instructor explaining why your paper is late. No, wait! Tomorrow won't do either, you've got class until 1:00 o'clock and then you have to race to work, holding you until 10:00 p.m. What a hassle! The earliest you see yourself getting to the library is Wednesday, but your paper is due Tuesday.

By now you've started to entertain the thought of just dropping out of school and moving to an island where the uneducated are worshipped and fed exotic fruit while being fanned. After realizing you've just passed an hour dreaming, and reality slaps the puckish grin from your face, you come to grips and wonder what you can do. It seems that the library here on campus is the topic of much talk. The library seems to be adequate as far as resources, but the hours it can be used are less than adequate. The students I've talked to have given me the same response. "The library hours are a joke!" We don't really want to sit in the library on Saturdays because it's a good day to relax and recuperate from the week, or at least from Friday night. Now Sunday, that's a good day for the library.

What can we do about this problem. I say 'we' because it's not going to be solved by me or you alone. It's also not going to changed by simply complaining about it. What we need to do is come up with a viable plan. We need to come together as a group, a group of students, and tell our school we need a library that can better serve our needs.

Why are you here? You are here for the same reason I'm here, to get the best education possible. Right? Right. Now what I'm going to do in the coming weeks is talk to you, yes you, and get your ideas. After we come together and collectively figure out exactly what it is we need, we can move on and see what can be done to get this. Remember we are the people that are paying for the use of this great institution and we need to make sure our money is going to good use.

What you need to do is think about what would make our library a more useful place, as far as hours are concerned. I'm going to be looking for you and need you to take a few minutes to talk with me in order to get something done. Remember, I can't do anything alone and neither can you, but together there's nothing we can't do.

Do you have an attitude or an opinion?

Of course you do. We all do. But if you've got something on your mind, don't whine to your roommate.

Write a letter to The Fourth Estate!
UMC BOX 999.

Express yourself!

The Fourth Estate Staff

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Michelle Trudeau............................Staff Writer
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Special thanks to UMC Media Resources, UMC Printing, and the Crookston Daily Times for their help with photographs and printing.

Andrew Syec..................................Advisor
Dr. Linda Wiggins............................Advisor

The Fourth Estate is a student-run newspaper, staffed on a volunteer basis by students at the University of Minnesota, Crookston. It serves as a source of information for the campus community as well as a voice for the students. The attitudes and opinions expressed in The Fourth Estate are not necessarily the opinions held by the administration of the University of Minnesota, Crookston.

The Fourth Estate is published on a monthly basis (when the University is in session). The total circulation is 1,200 newspapers per edition. Printing is done through the Crookston Daily Times Publishing Co. Copies are distributed to our patron advertisers, UMC students, faculty and staff.

If you have any comments, questions, or suggestions about The Fourth Estate and its contents, please direct them to the Managing Editor at UMC Box 999, Crookston, MN 56716.
What's your excuse for not doing it?

Dean Anderson
Staff Writer

What is Recycling? Most people think it is simply taking cans, bottles, plastic, newspapers, etc. to be recycled. It's not quite that simple.

The official definition of recycling as stated by the Environmental Protection Agency (EPA) calls recycling "collecting, reprocessing, marketing and using materials once considered trash."

The dictionary or classic definition is, "Using the same material over and over again to make the same or equivalent product."

Recycling cuts down on the amount of virgin or raw materials needed for manufacturing. The best examples of the classic definition of recyclable materials are aluminum cans and glass bottles, since they are remade into cans and bottles or reused.

Plastic containers, on the other hand, are used once and then molded into a new item or form—a type of recycling called "one-way recycling." This keeps the material out of landfills only temporarily and does not significantly cut down on the amount of virgin materials used in the manufacturing process. Still, this type of recycling fits the manufacturer's definition of "using the same material(s) more than once."

The easiest definition of recycling is the thrifty one, "Reuse something." You may ask yourself, why should I recycle?

Did You Know?

Conservation means protecting and improving the use of human and natural resources without wasting them. Recycle/Reuse is the process of minimizing trash by inventing ways to use it again.

Resource Recovery means getting energy or materials from trash.

Don't Throw A Good Thing Away!

Recycle For You!

Corral Lanes & Lounge
BOWLING • PRO SHOP • DARTS
1700 University Ave., Crookston
281-2426

Monday-Thursday after 9:00 p.m. bowl for only $1.50 per game with UMC ID.

UMC STUDENTS
Open Bowling Special
Bowl 3 games, pay for only 2
with UMC ID through 11/10/94
CORRAL LANES, CROOKSTON

Shrinking Landfill Space

Current landfill space is being filled at an alarming rate. One-third of the nation's landfills have closed since 1980. Here in Polk County alone, residents dump over 400 tons of garbage weekly. That is over 20,000 tons a year, every year.

Most landfills were built before safety standards became a high priority. Most are not equipped to stop the toxic materials leached from seeping into the groundwater. According to the EPA, all landfills will eventually leak.

Curbing Air Pollution

Burning is not the answer. Even with pollution control measures, garbage incinerators are the largest new source of air pollution.

These incinerators produce gases that contribute to acid rain; they emit toxic heavy metals and dioxins; and they produce millions of tons of toxic ash that still has to be disposed of in—guess where—landfills.

Curbing Air Pollution

Making one ton of recycled paper uses 60% of the energy needed for making one ton of virgin paper.

Removing one ton can save energy to run a tele for up to three hours.

Recycling glass saves 32% of the production energy.

It's Economical

It is easier and takes less time to recycle than you think, at the most a few minutes a day. It's economical: you can make a little money in the process and feel good about what you are doing for the environment.

One of the direct economical benefits of recycling is energy conservation. Using recycled materials cuts down on the amount of virgin resources needed for production and generally cuts down on the manufacturing costs.

Making one ton of recycled glass saves 32% of the production energy.

Why should I recycle?

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Earth Tips

Reduce, Reuse, and Recycle.

And you can help preserve our Earth!

Contributes Natural Resources, Inc.

To The Future

Death is forever. If all of us make good decisions and follow up with the right actions, we can take better care of our planet. We know it won't happen overnight, but we're committed to a path of continuous improvement.
Peer Mentors organized to help new students

Laurie Wilson
Guest Writer

Looking for some kindness and understanding? Try looking for a UMC Peer Mentor. They're practically guaranteed to be friendly, helpful and approachable! They also remember what it feels like to be lonely, worried, upset and a few other things as well.

Peer Mentors come in a variety of sizes, ages, ethnic backgrounds, and genders. They have diverse interests as well as academic and athletic backgrounds. Some Peer Mentors live on campus, others commute. Some were born and raised here, and others grew up on the far side of the globe.

But despite the diversity among the members, they share a common desire to reach out to YOU if you need someone to answer a question, share a thought, relieve a worry, or get better acquainted with the campus community.

1994-1995 UMC Peer Mentors are: Derek Sanders, Karen Knudsen, Penelope Steer, Dorie Dagen, Carl Thronson, Corrine Unke, Terri Blow, Nicole Noe, David Murray, Gregg Bauman, Bryan Soulak, Joe Natala, Tera Steer, Valerie Nowacki, and Amy Elton.

At the first meeting of the year, UMC Peer Mentors were asked how they thought they could be of service to other students, or why they'd become mentors. Listed below are some samples of their thoughts:

• I see us as people who are there for them as the first step. A lot of new students don't feel comfortable talking to their advisors or other staff.

• Peer mentors are there for students to talk about problems they may encounter throughout the year. Hopefully we can help make the transition from high school to college, and from living at home to living apart from their families.

• Being aware of a non-traditional students' issues, identifying with them, and assisting in any way possible.

• I see students 'with problems they may encounter throughout the year. Hopefully we can help make the transition from high school to college, and from living at home to living apart from their families.

• Being aware of a non-traditional students' issues, identifying with them, and assisting in any way possible.

Some of this year's Peer Mentors are: (back row, l. to r.) Penelope Steer, Dorie Dagen, Karen Knudsen, Terri Blow; (front row, l. to r.) Gregg Bauman, Carl Thronson, David Murray.

Crookston Collector's Club Welcomes UMC Students

Jerry Knutson
Guest Writer

The Crookston Collector's Club offers an open invitation to UMC students to attend its meetings. The club meets on the first Monday of each month at the Golden Link Center, 324 North Main (across the street from Super America). The entrance is from the parking lot on the south side of the building.

Each one-hour meeting of the Collector's Club consists of a business meeting, program, and auction. Items in the auction include sports cards, stamps, coins, and other collectible items.

Membership is $5.00 and lasts through December 1995. For more information, contact Jerry Knutson at 281-8264. See you on November 7, December 5, January 2, etc.

Students with diverse interests in collectible items are welcome and encouraged.
1994-95 UMC Volleyball Game Record

as of 10/11/94

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 7</td>
<td>at UND-Lake Region Triangular</td>
<td>15-9, 15-7, 15-7</td>
</tr>
<tr>
<td></td>
<td>with Jamestown College</td>
<td>UMC vs. UND-LR: 15-5, 15-3</td>
</tr>
<tr>
<td>September 12</td>
<td>UMC vs. UND-Lake Region</td>
<td>15-10, 15-12, 15-2</td>
</tr>
<tr>
<td>September 16</td>
<td>at Concordia College Tournament</td>
<td>UMC vs. St. Mary's: 2-15, 2-15, 5-15, UMC vs. UN-River Falls: 4-15, 8-15, 4-15</td>
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<tr>
<td>September 17</td>
<td>UMC vs. St. Catherine's</td>
<td>UMC vs. 15-5, 15-16, 5-15, 5-15, 15-9, 15</td>
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<td>September 21</td>
<td>UMC vs. Concordia College</td>
<td>15-12, 15-11, 16-14</td>
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<td></td>
<td>Moorhead, MN</td>
<td>UMC vs. St. Catherine's: 15-12, 15-11, 15-7</td>
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<td></td>
<td>UMC vs. Northland College (Wisconsin)</td>
<td>UMC vs. 15-6, 15-10</td>
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<td></td>
<td>UMC vs. Winona State</td>
<td>9-15, 10-15 SECOND PLACE</td>
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<td>September 28</td>
<td>UMC vs. Mayville State University</td>
<td>15-6, 7-15, 12-15, 15-12</td>
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<td>September 30</td>
<td>UMC vs. Jamestown College</td>
<td>7-15, 15-7, 12-15, 15-12, 15-16, 15-14</td>
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<td>October 1</td>
<td>UMC vs. Minot State University</td>
<td>14-16, 12-15, 4-15</td>
</tr>
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<td>October 6</td>
<td>UMC vs. Jamestown College</td>
<td>15-3, 17-19, 6-15, 15-10, 15-2</td>
</tr>
<tr>
<td>October 5</td>
<td>at North Dakota State College of Science</td>
<td>UMC vs. NDSCC: 15-3, 15-5, 4-15, UMC vs. Willmar CC: 15-8, 12-15, 15-12</td>
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<tr>
<td></td>
<td>UMC vs. North Hennepin CC</td>
<td>16-14, 12-15, 15-11 THIRD PLACE</td>
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<td>October 12</td>
<td>University of Mary, Bismarck</td>
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<tr>
<td>October 14</td>
<td>at University of Minnesota, Morris</td>
<td></td>
</tr>
<tr>
<td>October 17</td>
<td>at Valley City State University</td>
<td></td>
</tr>
<tr>
<td>October 21</td>
<td>Minot State University</td>
<td></td>
</tr>
<tr>
<td>October 26</td>
<td>at Mayville State University</td>
<td></td>
</tr>
<tr>
<td>October 31</td>
<td>Bemidji State University</td>
<td></td>
</tr>
</tbody>
</table>

Nicky Demarais
Staff Writer


"Overall we played well, and we are finally starting to run a faster offense and utilize it in the correct places," Coach Kelly Hollands said.

The first game we came out strong, and in the second game there was a slight let up, but you have to give Jamestown credit because they were not going to lay down and die."

Jamestown came back strong in the second match with some good hits. UMC was not, however, handing the game over to them and fought it out until Jamestown came up with the second victory.

Hollands is pleased to have Hally Damm back healthy as he said, "She shows excellent leadership skills and has good control on the court." Damm ended the night with 3 service aces, 15 kills, and 8 errors out of 42 attempts.

"Captain Jenny Walter shows good leadership on the floor and is a consistent player that doesn't make mistakes," Hollands commented. Walter had 10 kills, and 15 digs.

Tammie Yutrzenka, playing front row for the first time this season, had 8 kills, and 1 error on 17 attempts.

Hollands also praised Monica Talbot for her serving and some good defensive plays. Talbot came in to serve in the first match and served UMC from 4 points to 14, "Strong serving gave us back free balls that we could put down," Hollands commented.

Jennifer Spokely came in and did a good job of getting the ball to the hitters. She ended the night with 22 assists.

Chrsissy Nettum had 10 kills for the Trojans and 4.5 blocks.

Jodi Hasbargen rounded out the game with 14 assists and 11 digs.

The Trojans are looking at a tougher schedule for the rest of the season. They will be playing two top teams, Valley City and U. of Mary. Hollands is hoping that his team can compete with them with the changes the team has made in their game and attitude.

There are three home matches left in the season on October 12, 21, and 31. Come and show your support and cheer on our Lady Trojans!
Football team looks to rally at final home games

Nicky Demarais
Staff Writer

How has the football team been doing you ask? I have been wondering that myself. There have not been any home games since the first week when classes began.

It has been a lopsided schedule as the team has been away for the last four games. Head Coach Jim Sims said, "The positive thing about the schedule is that the players have been together and know each other."

The Trojans are 2-3 on the season so far. In their transition year the Trojans have met many hurdles. The team is short on numbers. The majority of the team is comprised of freshmen with one lone senior, Kai Larson, and three returning juniors, Derrick Sanders, Kenny Bond and Jesse Maruska. "Considering all things, not bad. Everyone has been doing well and giving it their best shot." Sims said.

Monday, October 17 is a home game against Concordia, Moorhead and the last game of the season will be here on October 22 against St. Vital.

The Trojans need your support UMC. So come out and cheer them on!!!

The 1994 UMC Trojan Football Team

<table>
<thead>
<tr>
<th>NO</th>
<th>NAME</th>
<th>Position</th>
<th>YR</th>
</tr>
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<tbody>
<tr>
<td>10</td>
<td>Kai Larson</td>
<td>QB</td>
<td>SR</td>
</tr>
<tr>
<td>12</td>
<td>Luis Delgado</td>
<td>WR</td>
<td>FR</td>
</tr>
<tr>
<td>15</td>
<td>Steve Sims</td>
<td>CB</td>
<td>SO</td>
</tr>
<tr>
<td>18</td>
<td>Josh Tymchak</td>
<td>CB/WR</td>
<td>FR</td>
</tr>
<tr>
<td>19</td>
<td>Scott Turnbull</td>
<td>K/P/WR/FS</td>
<td>FR</td>
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<tr>
<td>24</td>
<td>Don Schmiedeborg</td>
<td>TB</td>
<td>SO</td>
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<tr>
<td>30</td>
<td>Don Nickelson</td>
<td>TB/WR/FB/P</td>
<td>FR</td>
</tr>
<tr>
<td>32</td>
<td>Chris Olson</td>
<td>WR</td>
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<td>34</td>
<td>Derrick Sanders</td>
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<td>JR</td>
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<td>40</td>
<td>Bryan Katterhagen</td>
<td>SS</td>
<td>SO</td>
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<tr>
<td>41</td>
<td>&quot;Kenny Bond&quot;</td>
<td>NG</td>
<td>JR</td>
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<tr>
<td>42</td>
<td>Jesse Homicke</td>
<td>SS</td>
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<tr>
<td>44</td>
<td>Brian Frank</td>
<td>TB/CB</td>
<td>FR</td>
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<tr>
<td>49</td>
<td>Kenyan Butler</td>
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<tr>
<td>50</td>
<td>Gary Goralski</td>
<td>L/BER</td>
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<td>Scott Barbour</td>
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<td>Ryan Pobuda</td>
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<td>Eric Larson</td>
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<td>Mike Eggen</td>
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<td>Jason Christian</td>
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<td>&quot;Jesse Maruska&quot;</td>
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<td>James Prince</td>
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<td>Mike Bergeron</td>
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<td>75</td>
<td>Josh Scrugegs</td>
<td>DT</td>
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<td>76</td>
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<td>DE</td>
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<td>DT</td>
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<td>86</td>
<td>Casey Crompton</td>
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<td>87</td>
<td>Tom Moore</td>
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<td>FR</td>
</tr>
<tr>
<td>88</td>
<td>Matt Larocque</td>
<td>TE</td>
<td>FR</td>
</tr>
</tbody>
</table>

*Denotes Captains

UMC COACHING AND SUPPORT STAFF

Head Football Coach - Jim Sims
Defensive Coordinator - Scott Oliver
Defensive Line - Steve King
Defensive Backs - Sean Safranski
Offensive Line - Kirk Ronen
Athletic Director - Marv Bachmeier
Secretary - Linda Kay Olson
Statistician - Bob Johnson
Trainer - Bill Tyrrell
Camera - Terry Lepinski

1994-95 UMC Football Game Record as of 10/14/94

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
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<tr>
<td>September 3*</td>
<td>Mayville State University</td>
<td>7 - 36</td>
<td>UMC</td>
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<tr>
<td>September 10*</td>
<td>Concordia College, St. Paul, MN</td>
<td>0 - 16</td>
<td>Concordia</td>
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<tr>
<td>September 17</td>
<td>Crown College, St. Bonifacius, MN</td>
<td>22 - 21</td>
<td>UMC</td>
</tr>
<tr>
<td>September 24</td>
<td>Trinity College, Ellicott, MD</td>
<td>45 - 0</td>
<td>UMC</td>
</tr>
<tr>
<td>October 1</td>
<td>NDSCS, Wahpeton, ND</td>
<td>20 - 39</td>
<td>UMC</td>
</tr>
<tr>
<td>October 8</td>
<td>University of Minnesota, Morris</td>
<td>6 - 24</td>
<td>UMC</td>
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<tr>
<td>October 17*</td>
<td>Concordia College JV, Moorhead, MN</td>
<td>___ - ___</td>
<td>Concordia</td>
</tr>
<tr>
<td>October 22*</td>
<td>St. Vital, Winnipeg, MB, Canada</td>
<td>___ - ___</td>
<td>UMC</td>
</tr>
</tbody>
</table>

*Denotes home games
UMC Athletics: New faces for new challenges

Nicky Demarais
Staff Writer

Since UMC is now a four-year university, there have been changes in the athletic department as well as in all other areas.

Beginning next fall, UMC will be competing in the NDCA C division. This division includes four-year colleges such as Dickinson, Minot, Valley City, Jamestown, and the University of Mary.

This year is not official, however, and is considered the transition period. Team schedules will include playing other community-colleges, junior varsity teams and varsity teams in the conference.

Conference play and post-season games will not be accounted for until next year.

As a four-year college, UMC is now able to offer some scholarships to student athletes. With such small numbers, this may help in recruiting.

UMC also has experienced changes in the coaching staff. Three new coaches were hired for the positions of head volleyball, head women's basketball and head baseball coaches. These dedicated coaches are a welcome addition to the growing athletic department here at UMC.

BRENDA KROGSTAD
A new face on campus this year is Brenda Krogstad. She is the new head women's basketball coach and is also assistant volleyball coach.

Krogstad's hometown is Fertile, MN.

She graduated from Bemidji State University with a B.S. in physical education and with a teaching degree.

Krogstad brings coaching experience from Fargo South, where she served as an assistant for four years, and from Red Lake Falls, where she was the head girls' basketball coach for seven years.

Her hobbies include weight lifting, softball, and watching movies.

Coach Krogstad is looking forward to this year at UMC and is ready for the challenges that are coming up in UMC's transition period from a two-year program to a four.

A goal that she has set for this year is to get the most out of every athlete. She also wants to do more than what everyone is expecting the team to do during this transition period.

Pre-season practice has started with ten potential players. Official practice begins on October 17. If you have any interest in joining the team, please contact Coach Krogstad.

KELLY HOLLANDS
If you have seen any volleyball games this year you may have noticed a new face or two in the stands. That new inspiration to the women's volleyball team is Coach Kelly Hollands.

A Fisher, Minnesota native, he is now the head volleyball coach and will also serve as the assistant women's fastpitch softball coach.

Hollands graduated from UMC in 1985 with a degree in natural resources. He then moved on to UNO for a physical education degree with athletic coaching and teaching. He then finished up at NDSU with a Master's in education with an emphasis in sports administration.

Hollands started coaching out of high school in Fisher and was assistant volleyball coach for eight years there while attending college. His last year there was as co-head volleyball coach. His last year at UNO was as a graduate assistant.

While at NDSU he was an instructor and assistant volleyball coach at Concordia.

Hollands' last year at NDSU was spent teaching volleyball, volleyball techniques, bowling, and billiards along with duties as graduate assistant for the volleyball team.

Hollands is an avid bow-hunter, does wildlife photography, crafts, hunting and takes up "relaxing" as his hobbies.

As of October 7, the team has a record of 10-6. Hollands has set a goal for the team to be .500 against other four-year schools. That goal is in perspective as they have beaten a four-year school already. If the team can play consistently, they will have exceeded the .500 season.

Hollands is pleased with the small group of athletes who make up his team. They have shown progression from week to week.

If you want to see exciting action and a good game, come and watch the UMC women's volleyball team and Coach Hollands and cheer them on to a victory!

STEVE KING
Another new face that is widespread throughout the athletic department this year is Steve King. Steve is the new head baseball coach, assistant football coach, baseball coach, then he returned to Fergus as a football coach and instructor.

As head baseball coach, King is pleased with player turnout so far this year. He is looking at roughly twenty-five players so far and has four or five sophomores that are showing good leadership with organizing practices and lifting weights.

There are about twenty-five games scheduled starting April 1. The schedule mixes community colleges, junior varsity and some varsity teams. UMC will be playing Mayville and Valley City, two of the toughest opponents in the conference to see where the team will need to be next year.

King states that as a university we have to change the image and attitude from that of being a community college to that of a four-year university. We need to get past that transition and look forward.

Having King on campus is an advantage for the baseball program as communication with players and potential players is essential in building the team. Official practice begins January 15th. Stop by and visit with Coach King if you are interested in playing baseball this spring.

Recycle this issue of The Fourth Estate
Your monthly Horoscopes are carefully calculated by Sara Bisson and Doug Ellefson using the latest techniques of astrology. Or maybe they're just good guesses.

ARIES (March 21-April 20)
Think with your heart when a decision arises. Honesty and kindness are a must when dealing with others. Academic struggles can be overcome by hard work. Seek the help a Libra.

CANCER (June 22-July 22)
Read between the lines, guiding words will be found. Knowledge gained from a book may explain a personal mystery. Venus is rising bringing you good fortune in money.

LIBRA (Sept. 23-Oct. 23)
Pay attention to your dreams, they are trying to warn you of impending danger. Your health needs special attention. Spending time with family will prove rewarding.

CAPRICORN (Dec. 22-Jan. 20)
Your emotions will run high this month, try to control them by quality time alone. A family member turns to you for help in a time of crisis, keep your cool. A good friend will deceive you.

TAURUS (April 21-May 21)
Mercury is reversing leaving you susceptible to bad situations. Weigh the consequences of choices carefully. Old friendships may need rekindling.

LEO (July 23-Aug. 23)
A job well done will lead you to financial security. Accept the helping hand of a stranger. Parental advice should be considered when making an important decision. Stay away from fruit.

SCORPIO (Oct. 24-Nov. 22)
A self-discovery will have a powerful impact on your life. Look deep inside before making decisions. Make wise investments with your money. Pay attention to your wardrobe.

AQUARIUS (Jan. 21-Feb. 18)
An area of your life is lacking, volunteering work may fill this void by helping others. A long trip is in your near future. Exposing yourself to new ideas proves beneficial. Send flowers to a loved one.

GEMINI (May 22-June 21)
Decisions of the heart are difficult to make with an old flame. Following your heart will allow love to bloom once again. A new job may be what you need. Pay attention to the kitchen, it holds change for you.

VIRGO (Aug. 24-Sept. 22)
Your personal life is changing for the better. Answer the phone, it may be love calling. An old friend will need your advice, be wise in giving it. 7 is your lucky number.

SAGITTARIUS (Nov. 23-Dec. 21)
Deja-Vu may hold to be true, pay close attention to a familiar situation. Don't make old mistakes again. Let a struggling relationship go. Finding something lost will bring you happiness. Drink milk.

PISCES (Feb. 19-March 20)
Look inside before judging others. A long distance love will call it quits, while a new one comes along. Small details need attention, they will lead to personal gratification. Keep your lights on.

This is not an emergency.
This is an advertisement.
It's an advertisement for Morsels.

Morsels
You know, the campus convenience store in Trojan Inn.
Go there and buy lots of stuff.
Food, candy, pop, Fruityop, ice tea, magazines, Chewy Spree, Worms 'n' Dirt.
Remember, this is not an emergency.
This is an advertisement. NOW GO BUY STUFF.
ATTENTION STUDENTS: FOR SALE: FOR SALE: FOR SALE:
The Fourth Estate · Earn $2000+ monthly. Marvel Comics back
issues: X-men, Ghost Rider, New Warriors, Guardians of
the Galaxy, more. Will sell at original cover price. Call 281-
6979.
FOR SALE:
Power steering and power brakes. Had one owner.
Recent valve job. Call 281-5493 after 6:30 p.m.
INTERESTED IN CHOIR,
BAND, MUSIC LESSONS?
Students interested in music and/or theater should
contact George Fench at 281-8266 or e-mail GFRENCH.
FOR SALE:
Local job listings are posted on the bulletin board in
Bede Lounge. If you have any questions, please stop by
the Counseling and Career Center, Bede Hall, room 106.
FOR SALE:
NEW PAIR OF BLACK ARMY
combat boots, size 9 1/2. Asking $25. New men's
black leather jacket, size 38, paid $200, asking $100.
Used women's black leather jacket, size 18, like new, paid $150,
asking $75. Both jackets in excellent condition. Call 281-
8880 and leave message if interested.
FOR SALE:
DOMINO'S PIZZA WELCOMES "U" BACK!
601 North Broadway 281-3671
Hours: 4:30 p.m.-1:00 a.m. every day
CAMPUS COUPON
BUFFALO WINGS
$3.99
with any
pizza purchase
Expires: 11/10/94
CAMPUS COUPON
MEDIUM 1-TOPPING
$5.99
CAMPUS COUPON
$7.99
LARGE 1-TOPPING
CAMPUS COUPON
$8.99
LARGE 1-TOPPING AND
AN ORDER OF 8 TWISTY
BREADSTICKS.
Expires: 11/10/94
CAMPUS COUPON
$14.99
2 LARGE 2-TOPPING
PIZZAS
DEEP DISH EXTRA.
Expires: 11/10/94
CAMPUS COUPON
$8.99
LARGE 1-TOPPING
Expires: 11/10/94
CAMPUS COUPON
$3.99
BUFFALO WINGS
Expires: 11/10/94
CAMPUS COUPON
$5.99
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