**UMC Adopts New Mascot and Logo**

Kristina Keller  
Staff Writer

The University of Minnesota, Crookston (UMC) has seen its share of change in the past three years since it became a "four-year" university, and once again we will see another change. Starting this winter quarter the UMC Trojans will become the UMC Golden Eagles, with the school colors remaining maroon and gold.

In 1905, when the doors of this Northwest School of Agriculture opened, the mascot name was the Aggies. Then in 1968 when the school became a technical institute the name was changed to the Trojans, which has remained until now. Thus, when UMC became a four-year institution, what better time to change! UMC has also changed to a new division in athletics (NDCAC) with both men's and women's athletics becoming more competitive. Golden Eagles is a gender neutral name which is important as women's athletics become more prominent.

The idea of change initially came from the Image and Marketing Committee at UMC, who requested the pursuit of a name change. Name ideas were requested from students, alumni, and individuals in the community in publications throughout the summer. Some of the most popular responses included Northstars, Trailblazers, Storm, Phoenix, and of course, Golden Eagles. A database of all four-year colleges in the United States was also accumulated to survey team and mascot names.

After tentatively deciding on Golden Eagles several campus groups were asked to support the name change. UMC Student Forum, Teambackers, Athletic Department, student athletes, Alumni Board of Directors, Club Advisory Group, and faculty and staff all endorsed the name change. Once endorsed, the Image and Marketing Committee gave its final approval to the Golden Eagles.

Why Golden Eagles you ask? After personally researching the names of all the four year colleges in the United States, variations of eagle were found to be the most popular. From this research it was found that no other university in Minnesota, North Dakota, or South Dakota was represented by the Golden Eagle.

The Golden Eagle is easily identifiable and has connotations of respect, dignity, strength, gracefulness, and competitiveness--all characteristics UMC wants to portray. And finally, the Golden Eagles can relate to the Golden Gophers not only in colors but also in the use of the Minnesota "M" logo.

The Golden Eagle is easily identifiable and has connotations of respect, dignity, strength, gracefulness, and competitiveness--all characteristics UMC wants to portray. And finally, the Golden Eagles can relate to the Golden Gophers not only in colors but also in the use of the Minnesota "M" logo.

Note: Turn to page 16, "The Back Page," to take part in the Name the Golden Eagle Contest. You could win $100 and the prestige of naming UMC's new mascot!

---

**Equine Students Receive Top Honors**

**UMC News Release**

Equine students at the University of Minnesota, Crookston (UMC) received top honors at the Morgan Grand Nationals and World Championship Horse Show held recently in Oklahoma City, Oklahoma.

Three students, Nicky Demerais of Red Lake Falls, Christy Parks of Chisholm, and faculty member Tami Lewis attended the 10-day event.

Nicky Demerais won the Morgan Youth of the Year Award. This event consisted of competition in contest judging, speech, horse knowledge, and riding skills (equitation). Demerais will represent the Morgan breed as their Youth of the Year.

She competed with UMC Beamish Sensation, a horse bred and raised by UMC.

The pair, showing in classes designated for three-year old horses, placed in the top ten in the following classes: 4th place in Grand National Western Pleasure, 5th place in World National Western Pleasure, 6th place in World Championship Hunter Pleasure.

Christy Parks competed on Whitmor's Loveforce, better known as Love. They were top ten in the following classes: 6th place in Grand National Ladies Hunter Pleasure, 7th place in Grand National Amateur Mares Hunter Pleasure.

---

**So what does the name "The Fourth Estate" mean?**

There are three traditional estates or classes in medieval and early modern society: Nobility--the first estate, Clergy--the second estate, and the common people--the third estate.

The term "The fourth estate" can be attributed to Thomas Bakington Macaulay, who in his 1828 essay wrote, "The gallery in which the reporters sit has become the fourth estate of the realm."

According to Webster's New International Dictionary, the fourth estate is "the public press, the newspaper profession." The fourth estate is the press.

The Fourth Estate is a student-run paper that presents UMC students' ideas, viewpoints and opinions. The paper is staffed on a volunteer basis by students, and faculty and staff are welcome to contribute as well.

If you would like to participate--as a writer, photographer, layout assistant, or simply through a letter to the editor--contact us through UMC campus mail, Box 999. Remember, this is YOUR paper. Voice your views!
States Want Professors Back in the Classroom

Sunni DeNicola
College Press Service

The saying for professors used to be "publish or perish," but if state legislators have their way, it may be "teach or take a hike."

Over the last few years, as state budgets face increasing constraints and undergraduates complain of overcrowding and tuition hikes, faculty productivity has come under scrutiny. As a result, many legislators are demanding professors spend more time in the classroom.

States provide more than $40 billion annually to higher education. Understandably, legislators feel they have the right to ask universities for the same accountability as they do other programs that receive funding. So in several states, they have initiated studies to examine how professors spend their time.

"In states where budgets have been hard hit, faculty are feeling a lot of pressure," says Andrea Wilger, assistant director of the Stanford Institute for Higher Education. "Class size has grown; there are constrained resources, etc."

"Of course, they are also concerned about how they are portrayed; that faculty have lots of free time, have an easy life."

Well before you start thinking, "I knew it," after class he hands our papers to the grading assistant and heads to the golf course," guess again.

Most professors average a 54-hour work week. Some critics question these numbers, claiming they are self-reported. But dozens of studies by universities, state governments, institutional researchers, and others use different methods, consistently arrive at the same results.

"We are seeing 50 to 56 hours per week in the workplace," says Michael Dooris, research associate of Penn State's Office of Undergraduate Education, referring to his university's survey of 1,400 faculty. "This is consistent with other professionals, such as lawyers and physicians."

Findings by the Stanford Institute's 1991 study of 19 institutions show similar workloads. "Overall, we found faculty are very, very hardworking," says Wilger. "But they all do place a heavy emphasis on the importance of their own research. It is not that they aren't working hard, but what they are choosing to spend their time on."

At larger state universities and well-endowed private colleges, faculty typically teach a maximum of two courses per term. But "teaching" is more than class hours; it also includes class preparation, grading, student advising, independent studies, and research. It is not that faculty aren't working hard, but what they are choosing to spend their time on.

"People think a lot of research is not very important, when actually research has led to the birth of superconductivity, stannous fluoride, polio vaccines, synthetic rubber... all have come directly out of research and research universities," she says. "Somebody studying Italian marble is not a fair critique of what goes on."

Teaching vs. Research

Continued on page 3
In Depth

Teaching vs. Research

Continued from page 2

Dooris says there also is some misunderstanding of how funding works. "Some people wanted to know how to justify giving these large research grants to faculty who are already being paid. But this is not in addition to your salary. If this is a $50,000 grant, it buys out part of his teaching time; it is not added to your salary. If this is a $50,000 people wanted to know how to for that period, often through a visiting faculty member. The rest of the grant money goes toward the cost of the research, such as materials, support staff, transportation, etc. Occasionally the professor receives a small stipend above his normal salary.

What research and publishing do provide faculty is national recognition in the form of grants, top job offers and opportunities to work with the brightest graduate students. It also ensures tenure or lifetime job security.

And for the universities, it's the great researchers, not the great teachers, who attract research dollars, major corporate endowments and top students. In fact, universities often offer reduced teaching loads as an incentive to lure top faculty from competing institutions.

So unless a professor really bitches up on student evaluations, her effectiveness as a teacher may have only minimal impact on career fortunes. After all, research and publications are judged by the best and brightest in the field. Teaching is judged by novices the undergrad.

This point was emphasized in a survey at the University of California where 97 percent of faculty believe being a teacher is very important, but only 7 percent felt faculty were rewarded for good teaching.

Jon Solomon, an associate professor in the University of Arizona Classics Department and a popular teacher on campus, says his career is an example of how good teaching is not rewarded. Despite the fact that Solomon has won numerous awards at UA, he repeatedly has been denied tenure.

"...ninety-seven percent of faculty believe being a teacher is very important, but only 7 percent felt faculty were rewarded for good teaching."

"I have been an associate professor here 12 years, taught more than 10,000 students, won eight teaching awards, developed high-tech course materials and wrote a book about public university education," wrote Solomon recently in an editorial to "The Daily Wildcat." "For all that and my other 50 publications, my promotion and two salary increases were denied. When I appealed to the president, in essence, challenging him to promote me on the basis of my teaching record, his reply was 'after you write another book...' This message here is the reality: teaching does not count.

Solomon says when university administrations consistently reward research and de-emphasize teaching, students suffer.

"We need widespread, inspirational, effective teaching," Solomon continued. "We need to offer scintillating survey and introductory courses. And we need to train all our graduate teaching assistants to be the excellent teachers of the future. Then and only then will students walk across the Mall discussing what they learned in their last class rather than how boring it was or how uninterested they are that they skipped it."

Let's face it--great teaching brings more intrinsic awards. The reward a professor gets for being a good teacher is a heavier course load, because she attracts more students. Then in addition to teaching and research, professors also must spend time involved in university service. Depending on the university, participation in governance committees, department meetings, search committees, etc., is required.

Still, Solomon and other professors agree research is essential at a university. Faculty say they feel that research makes them better teachers by bringing new information and the excitement of discovery back to the classroom.

Of course, everyone knows there are "deadwood" professors out there, resting on their tenure. Professors have a tremendous amount of leeway about how they schedule their time and sometimes this leads to abuses. For example, a faculty member might juggle a schedule so she only has to be on campus three days a week, irregardless of students' needs.

According to Stanford Institute's report, faculty are concerned about how the "deadwood" affect higher education's image. The deadwood problem comes from a campus culture that values independence and grants tenure. One professor was quoted as saying, "We have people who can take advantage of the system. They get to a point where they don't publish; they don't care about teaching--they're tenured."

"...We have people who can take advantage of the system. They get to a point where they don't publish; they don't care about teaching--they're tenured."

"It's the equivalent of telling painters they have to use 10 percent more time to paint. I'm not sure it will improve quality, and it's impossible to document."

Even Ohio legislator Jones said that the state was just trying to send the message that teachers are needed in the classroom.

But faculty cannot be expected to spend more time on teaching until the way they are evaluated is altered, say professors.

No matter the method, the fact is getting teachers back into the classroom is a complex assignment. But it is becoming one that universities are expected to pass.
“Accomplished” Students Storm OKC

Jennifer Johnson
Staff Writer

While many students were enjoying themselves at the Homecoming Dance on October fourth, three of your fellow students were preparing themselves for an extremely successful trip to Oklahoma City—a trip they will never forget and that would represent UMC extremely well.

Nicky Demarais, Juli Olson, and Christy Parks, along with equine instructor Tami Lewis, set off to OKC for the Morgan Grand National and World Championship Show, which was held on October ninth through the fifteenth. These ladies took three school-owned horses, which they had qualified over the summer by competing at various Morgan shows, and prepared them for these championship shows.

Nicky, a senior majoring in Equine Science, began working with Sensation in the training and showing class last year. Nicky trained him both as a Western and Hunter horse. Sensation is a three year old who has an immense amount of talent and is such a pretty mover that he was able to place in the top ten in all four of his classes.

This was an especially prosperous trip for Nicky as she was representing the North Central Morgan Horse Association as a Youth of the Year candidate. This summer Nicky was nominated for Youth of the Year while showing in St. Paul at the North Star American Morgan Horse Show.

Sunday through Tuesday would hold the events for those youths competing for Youth of the Year. These events included a written test, a speech, horse evaluation and a horsemanship pattern. Nicky was Reserve high point individual in the evaluation contest. With high suspense on Tuesday evening as she rode Sensation and wore her top hat and chadbelly, she was named the Youth of the Year.

Nicky won a 30-day trip to the country of her choice in order to promote the Morgan breed. She has chosen to go to Australia sometime within the next year.

“Youth of the Year” is one of the highest honors anyone can receive in a breed association and therefore, Nicky has much to be proud of.

Juli began working with the mare best known as “Paris”, in the training and showing class also. Juli is a third-year student majoring in Equine Science. Juli worked with Paris both Hunt and Western, trying to fix her “bad habits,” like slowing down, and eventually just worked her western. Paris seems to feel more relaxed and has come to trust Juli as an ally. Juli and Paris went Top Ten in three of their four classes.

Christy is a senior majoring in Equine Science and has been working with a mare named Love. Christy and Love went top ten in two of their four classes.

Christy started working Love over the summer and attended shows with Nicky and Juli showing huntseat. Love is a great asset to our program as a school horse. Christy was able to prove to people that even though Love is a “school horse,” she possesses the ability to be competitive nationally.

All three girls have so much talent and have expressed it through the success they achieved in Oklahoma. All the hours of tedious work paid off, as you can see from the results listed. Nicky, Juli, and Christy found the talent within each horse and reached to the heart of those horses to surface that desire and ability to get the best performances they could out of them.

The students and their mounts were well respected, especially for the small facility they came from. The girls also worked hard before leaving, trying to get donations. They really appreciated the verbal and financial support from everyone.

Those who supported these girls can feel very proud as they honored their support, taking it to its fullest extent in being “such accomplished young ladies,” as many of the professional trainers at OKC said to them.
Computer Upgrade Set for November

Since the announcement of the release of Windows '95 earlier this year, UMC faculty and administrators have hoped to offer students an upgrade to current business and industry standards. The plan to "rollover" the current IBM Thinkpad 340 for the new IBM Thinkpad 701CS notebook computer has been in the works for some time.

It looks as though the upgrade will happen very soon. On October 24, UMC received a shipment of 925 new notebook computers. This came only days after the Board of Regents of the University of Minnesota approved the upgrade purchase plan.

Peggy Sherven of the UMC Computer Help Desk said she and the rest of the Help Desk staff will be "very busy" doing inventory and formatting these 925 new machines during the next month.

After all full and part-time students complete their finals during the week of November 13-17, they will turn in their current 340-model at the Computer Help Desk. The return is vital to the rollover process, since the financing of the new 701CS machines is contingent upon the return of all the older 340 machines. UMC could face financial penalties if all the 340s are not shipped back to IBM by November 28.

Students will be notified when the new 701CS models will be distributed. Tentative plans set November 17 at noon as the time students can sign out a new notebook, although the new models might not be ready until after quarter break.

The quarterly Technology Access Fee will remain unchanged at $260 for the rest of the '95-'96 academic year, but the features of the new model will be greatly expanded (see box).

Torch and Shield Banquet to Recognize Outstanding Contributions

UMC News Release

Men and women who have provided leadership and aided in the development of the University of Minnesota, Crookston (UMC) will be honored Wednesday, November 1, at the annual Torch and Shield Banquet. Theme for this year's banquet is "Celebrating the Centennial of the Northwest Experiment Station: 1895-1995."

Those receiving the Torch and Shield Award include:
- Patrick F. Carey, IBM rep-representative
- Ettore F. (Jim) Infante, senior vice president

and provost, academic affairs at the University of Minnesota
- Donald A. Osborne, Crookston mayor
- Robert G. Robinson, professor emeritus, agronomy and plant genetics, University of Minnesota, St. Paul
- Kenneth J. Schuster, president Northwest School of Agriculture Alumni Association and general manager of Rivard's Quality Seeds of Argyle
- Jeannine Windels, executive director, Crookston Area Chamber of Commerce

UMC's All-College Advisory Committee and Program Improvement Audit Committees will also meet on the campus November 1 and will be recognized at the evening banquet.

The event is co-sponsored by the Northwest Educational Improvement Association, Northwest Experiment Station and UMC. Tickets are $15 per person and by reservation only. To make a reservation, call 218-281-8437.

Current Equipment

<table>
<thead>
<tr>
<th>IBM 340 Notebook</th>
<th>IBM 701CS Notebook</th>
</tr>
</thead>
<tbody>
<tr>
<td>468 DX2-50</td>
<td>468 DX475</td>
</tr>
<tr>
<td>120 MB hard drive</td>
<td>360 MB hard drive</td>
</tr>
<tr>
<td>4 MB RAM</td>
<td>8 MB RAM</td>
</tr>
<tr>
<td>Monochrome screen</td>
<td>Color screen</td>
</tr>
<tr>
<td>2400 Bd. modern</td>
<td>14.4 Bd. modern</td>
</tr>
<tr>
<td>No audio chip</td>
<td>Built-in audio chip</td>
</tr>
<tr>
<td>Warranty: 1 year (expired)</td>
<td>Warranty: 3 year</td>
</tr>
<tr>
<td>Windows 3.1, MS Office</td>
<td>Windows '95, MS Office, Lotus</td>
</tr>
</tbody>
</table>

Proposed Equipment

<table>
<thead>
<tr>
<th>IBM 701CS Notebook</th>
<th>IBM 701CS Notebook</th>
</tr>
</thead>
<tbody>
<tr>
<td>468 DX475</td>
<td>468 DX475</td>
</tr>
<tr>
<td>360 MB hard drive</td>
<td>360 MB hard drive</td>
</tr>
<tr>
<td>8 MB RAM</td>
<td>8 MB RAM</td>
</tr>
<tr>
<td>Color screen</td>
<td>Color screen</td>
</tr>
<tr>
<td>14.4 Bd. modern</td>
<td>14.4 Bd. modern</td>
</tr>
<tr>
<td>8 MB RAM Memory</td>
<td>8 MB RAM Memory</td>
</tr>
<tr>
<td>360 MB Hard Drive</td>
<td>360 MB Hard Drive</td>
</tr>
</tbody>
</table>

New Equipment Benefits

- Color Monitor--enhances interactive instruction
- Windows '95--moves UMC to a current operating system which is in high demand by students and employers
- High Speed Modem--enhances off-campus access for students and improves distance education
- 8 MB RAM Memory--necessary to increase machine speed and to operate proposed software package
- 360 MB Hard Drive--allows more space for data storage and for loading of additional software as needed

Look for the next issue of THE FOURTH ESTATE on Tuesday, Dec. 12
Names for New Faces at UMC

Pam Ogaard
Morsels Manager
I started in August of this year and am really enjoying working at the University. I'm enjoying meeting and getting to know all of the students and faculty. If you haven't stopped in and seen Morsels, please come and browse and check it out.

Les Johnson
HR & Management Division
Les is new to UMC this year and is enjoying the challenge of teaching and holding as well as holding the "Director of Human Resources" title. Having held positions in several types of firms, Les feels his personal experiences will enhance his instructing.

David Searles
Red River Trade Corridor
David is a recent graduate of UMC and will be in the RRTC throughout fall quarter. With computer skills and his management knowledge, David has a lot to offer our UMC team.

Donella Westphal
NGPRD Commission
When asked why she chose UMC Donella said, "I felt the Commission offered me a wonderful opportunity to grow personally." Donella feels she can offer the Northern Great Plains Rural Development Commission quite a bit of enthusiasm.

Jane Sims (left)
Ag Management Division
Jane's reason for deciding to join us at UMC was opportunity, opportunity, opportunity. When asked what Jane felt she could offer UMC she replied, "energy, optimism, and the creativity to apply new technologies to an educational environment."

Rae Howe
Admissions
Rae is focusing on recruiting students to UMC and plans to provide leadership and guidance to help with the multi-cultural club on campus. Being a student here for one year Rae hopes to utilize her knowledge and provide a support system and open ear to anyone.

Sarah Otemba
Admissions
"I feel I can help bring new students to UMC who are as dedicated, enthusiastic, and friendly as those who are already here." Sarah decided on UMC due to the friendly campus and the many opportunities for students. "I feel UMC is a school I can really stand behind and promote."

Kathe Lemmerman
Director of Continuing Ed.
Jane is new to UMC and why? "I've spent the last 2 years in North Carolina and I prefer 30 below to 95 degree heat and humidity." UMC has offered Kathe the opportunity to utilize her work experience as a professors well as work in both the public and private sectors. Kathe is glad to be back in the Midwest and appreciates the value system more than ever.

Also new on campus this year are Shannon Currier and Kirk Rongen in the Athletics Department. Mary Chacko is a new instructor in the Management Division, as well as Tricia Kraffenhoft in Plant Services. Look for their faces in next month's issue.

UMC Equine Instructor Places First in World Championship Show

UMC News Release

Tami Lewis, of the equine industries management program at the University of Minnesota, Crookston (UMC), won a first place award in the World Championship Show in Topeka, Kansas. The show was part of the American Buckskin Registry Association.

Lewis placed first in the three-year-old Snaffle Bit Futurity. There were several hundred contestants from across the United States and Canada. Lewis also placed sixth in Junior Western Pleasure for horses four and under.

Lewis has a master of science degree and bachelor of science degree from Kansas State University in animal science and industry. She joined the UMC faculty in 1994 and has been instrumental in working with UMC students to bring home top honors from horse shows.

Montague's Flower Shop

Buy 1 or more roses, get one free!
Buy one... Free One!!!
Use your student discount card
U of M Purchase of Interactive Voice Response System Approved by Regents
Vendor selected; touch-tone phone access to student records and other services available by early '96

A vendor has been selected for the new Interactive Voice Response (IVR) System--available to all campus--that will provide customer-friendly, touch-tone telephone access to student and other services. The system will also be an important element in implementing U2000. The Regents approved the purchase at their September meeting, paving the way for development to begin.

Periphoni cs Corporation, a leader in higher education voice response systems, was selected on the basis of their competitive pricing, graphical application development, well-designed architecture, local maintenance support, sound financial status, and strong commitment to research and development. Current customers report positive experiences in working withPeriphoni cs.

Periphoni cs was the unanimous choice of the IVR project team, working with Telecomm and Administrative Information Services, to provide the hardware for this University shared system and to develop the first set of applications for the University.

The team that selected Periphonics represents several potential system users: student systems, human resources, and the bursar--as well as the technology providers who will support the system, AIS and Telecommunication Services.

Project team members are Roberta Armstrong, Jim Doten, and Mark Powell, Student and Office Systems Support (SOS); Chuck Dahl, Office of the Registrar; Mary Trandem, Bursar's Office; Kris Boley and Bob Malos, AIS; Mike McNaughton and Gary Ogren, Human Resources.

For more information contact Roberta Armstrong, project leader, SOS; r-armstrong@maroon.tc.umn.edu.

What Is UMCHE?

Pam Neil
UMCHE Representative

UMCHE stands for The University of Minnesota Coalition for Higher Education. UMCHE is a newly formed nonprofit, nonpartisan organization dedicated to the University of Minnesota and the students enrolled there.

The coalition is an association of five student government organizations from the four University campuses across Minnesota. We combine our efforts and resources to present a unified student voice to the state legislature and the federal government on the issues affecting the affordability and accessibility of a quality public institution.

Students are expected to pay increasing education costs without the consultation or opportunity to express the student perspective or proposed alternatives.

UMCHE uses $1.05 of your quarterly student fees to ensure that students can advocate for themselves.

UMCHE organizes student rallies and visits with legislators. We call on all students to raise their voices through letter writing and phoning campaigns.

The Crookston Campus is setting up a Legislative Affairs Committee. Interested students should contact Pam Neil by e-mail at UPLN002 or at extension 8521.

---

Immunization Clinic
Friday, Nov. 3
11:00 a.m.-1:00 p.m. in CC 131
- Tetanus (Td) $4.00
- Measles, Mumps, Rubella (MMR) $4.00

Remember: you cannot register for winter quarter classes if your immunizations are not current!

Flu Shots
Friday, Nov. 3
2:00-4:00 p.m. in CC 131
$6.00 per shot
Flu shots are available to all students, faculty and staff.

Sponsored by Polk County Nursing and UMC Student Health Services
Federal Financial Aid Cuts Proposed

As a student what can you do about it?

Pam Neil
UMCHE Representative

The U.S. House and Senate are considering cuts in Student Financial Aid totaling more than $10 billion over the next seven years.

Currently there are several programs that are in danger of being axed by Congress:

1) Stafford Loans. Proposed cuts would affect five million undergraduate students who receive Stafford Loans.
2) Pell Grant. Funding will be frozen at the current level—no matter how much tuition increases! These grants will remain at their current dollar amounts.
3) The Direct Lending Program. Currently in place it will be capped and only allow 40% of all student loans to use this program.

As a result of the largest cut to federal financial aid in history, over five million students may lose access to postsecondary education by seeing their loan costs increase by 20-50%.

What can you, as a student, do about it?

You need to let our U.S. senators and representatives know how you feel about these student aid cuts and why education funding is so important.

Here are three messages we can demand of our congressmen to SAVE OUR STUDENT AID!!!

1) Level fund all financial aide programs.
2) Protect the Student Loan Interest Exemption for undergraduate, graduate, and professional students.
3) Oppose attempts to cap or eliminate the Direct Lending.

Call or write your congressmen immediately in order to influence their vote determining our education!

• Senator Rod Grams (IR), 261 Dirksen Senate Office Building, Washington, DC 20510 (202) 224-3244, mail_grams@grams.senate.gov
• Senator Paul Wellstone (DFL), 717 Hart Senate Office Building, Washington, DC 20510 (800) 642-6041, senator@wellstone.senate.gov
• Representative Collin Peterson (DFL), 1314 Longworth House Office Building, Washington, DC 20510, (202) 225-2165, tocollin@nhouse.gov

You can also contact your senator and representative if they are not listed by calling 1-800-574-4AID. You will be asked for your zip code and then transferred to your senator or representative for your area.

It is very important that you call immediately. These issues are being decided as you read this. Your future financial aid is in jeopardy! Call today to voice your concern about proposed cuts.

For more information contact Pam Neil by e-mail at UPLN002 or at extension 8521.

The Fourth Estate

Staff

Karla Beckman.......................... Staff Writer
Doug Ellerson.......................... Advertising Manager
David Fooks........................... Staff Writer
Mark Grafstrom........................ Staff Writer
Mandie Jacobson...................... Staff Writer
Jennifer Johnson........................ Staff Writer
Kristina Keller........................ Staff Writer
Rick Lieberg........................... Staff Writer
Kimberly Mayer........................ Staff Writer
Pam Neil................................. Staff Writer
Rita Resendiz............................ Staff Writer
Trent Ziegler............................ Staff Writer

Andrew Svec............................. Advisor
Dr. Linda Wiggins........................ Advisor

The Fourth Estate is a student-run newspaper, staffed on a volunteer basis by students at the University of Minnesota, Crookston. It serves as a source of information for the campus community as well as a voice for the students. The attitudes and opinions expressed in The Fourth Estate are not necessarily the opinions held by the administration of the University of Minnesota, Crookston.

The Fourth Estate is published on a monthly basis (when the University is in session). The total circulation is 1,200 newspapers per edition. Printing is done through the Crookston Daily Times Publishing Co. Copies are distributed to our patron advertisers, UMC students, faculty and staff.

If you have any comments, questions, or suggestions about The Fourth Estate and its contents, please direct them to the Managing Editor at UMC Box 999, Crookston, MN 56716.

The University of Minnesota Crookston. It serves as a source of information for the campus community as well as a voice for the students. The attitudes and opinions expressed in The Fourth Estate are not necessarily the opinions held by the administration of the University of Minnesota, Crookston.
A Note Of Thanks

We would like to share with you our experience here at the University of Minnesota, Crookston (UMC). We started to attend UMC in 1991. As Chicanos and as minorities we felt "cultural shock" at the beginning.

Yes, it was quite a change because we had previously attended schools in the south that were more diverse or that featured an all-Latino school environment. In essence, the cultural variation at UMC was a learning experience and at the same time challenging for us.

Imagine yourself in a college where you are the only person of your race or culture, and everyone else is of a different ethnic background. What a shocker! Unfortunately we did experience alienation and fear at first here at UMC, but we learned to overcome this through the help of certain members of this institution. We prefer not to mention these individuals' names because if we forget to mention someone, he or she may feel hurt. These wonderful and understanding individuals know who they are, and we would like to thank them for their help.

We recognize that like many other colleges, UMC has pressing issues such as language and cultural barriers. Changes in attitudes, we believe, will come with time. Meanwhile we must work together to learn from each other and overcome barriers that divide us.

We are proud to say that we have met many wonderful students, faculty and instructors who accept us and are sensitive to issues regarding diversity. These people are here at UMC, and they have given us an opportunity to express our viewpoints and share with them our frustrations. By allowing us as minorities to express ourselves, these people have greatly enhanced the morale and ethics of minorities with respect to acceptance.

We are proud of the efforts that UMC makes for all students. The professionals working here bend over backward to make students feel welcomed and happy. They do this because they depend on "us" (the students) for their job security and the welfare of this institution. It feels good to know that these professionals care for each student and for each individual's education.

We realize that in addressing issues of ethnicity we may have seemed quite harsh at times, but as students, parents and as minorities we only wanted the best for our peers. We feel that the education we received at this institution was nothing but the best. I remember people telling us in Texas that Minnesota was known for its reputation for excellence in education. Well they were right!

At times, it was a very difficult struggle for us, but no matter what the frustrations were and no matter how many sleepless nights we went through, it will all be worth it in the end. We must go on to reach the apex of our potential in order to reach our goal.

As we move on to our last year of college career we can sincerely state that we will always remember our friends and acquaintances. We will always remember the experiences we shared and the good times we had at the University of Minnesota, Crookston. We wish all the students of this university the best of luck as they pursue their careers. Remember, there is nothing that is not possible in life.

--Alfredo and Griselda Lopez

Note: In July of this year Alfredo and Griselda Lopez moved back to Texas to be with an ailing family member. They wanted to make sure this letter was printed in the first edition of The Fourth Estate for this academic year. We wish them both the best of luck!

Why Should I Care about Veterans Day?

Rick Lieberg
Staff Writer

What is Veterans Day?
For a lot of people it means a day off from work or school, but it's much more than that. How did Veterans day originate? The day originally was called Armistice Day, the forerunner of Veterans Day.

Armistice Day was proclaimed in 1919 to commemorate the ending of World War I. The truce that ended the war was signed at 11 a.m. on Nov. 11, 1918.

On the first anniversary of the truce President Woodrow Wilson issued a proclamation eulogizing fallen soldiers and referring to November 11 as Armistice Day. This day is also observed in Canada, Great Britain, and France. The holiday was changed to Veterans Day in 1954 to remember all fallen veterans of all wars.

Going back to the original question, why should I care about Veterans Day? The real meaning is that it is a day for this nation to stop and reflect back on and recognize those who protected this nation by serving in the military. It is also a time when we remember all those men and women who will never come home again. They are the ones who paid the ultimate price for the freedom we hold so dearly. They are the ones who protected the rights we so casually take for granted in this society we live in today. May they who sacrificed so much rest in peace. May this country on November 11 look back to the real cost of keeping our freedom. With this in mind we look to the future with hope--hope that we may not have to sacrifice any more of our sons and daughters to keep our freedom. This is what Veterans Day is about!

Veterans Day Program
Friday, November 10
Noon at the Memorial at Campus Entrance

Everyone is welcome to attend this placing of the wreath memorial program. Show your appreciation!
Kimberly Mayer
Staff Writer

Tough competition is the word on the football field these days.

I recently interviewed Head UMC Football Coach, Scott Oliver, who spoke optimistically about the season so far.

As some of you may know, this is Coach Oliver's first year as UMC's head football coach. So I asked him how he feels his first year as Head UMC Football Coach is coming along. He said, "It's good, but if you look at our record, it really doesn't give justice or show the improvement or competitiveness of our team this year."

In two of the six losses, UMC has been leading, going into the fourth quarter. Just recently, they came up from behind to win two games—31-24 on October 21, against Mount Saint Mary, Wisconsin. 28-24 on October 21, against U of M, Morris, and 28-24 on October 21, against Mount Saint Mary from Lady-smith, Wisconsin. Scott Oliver, who spoke recently, they came up from behind to win two games—31-24 on October 21, against Mount Saint Mary, Wisconsin.

Oliver stated that UMC has a young team this year, so they don't have a lot of experience, but there are things that they are learning along the way. He stated that he was very pleased with the effort, attitude and the progress they are making in the NDCAC. "I'm very optimistic that we're going to be able to make the adjustments and make the changes necessary to be even more competitive in the years to follow," said Oliver.

Next year, Coach Oliver would like to see the numbers increased, because he feels that's a number one priority. Oliver feels UMC has very high quality players within the program, but that the team needs more of them. Another thing they are looking at is the retention of current UMC student athletes. Coach Oliver feels those are two things that they will be working on for next season.

The UMC football captains this season are Kenny Bond, Jesse Maruska and Derrick Sanders. When asked how he felt the season has gone so far, Maruska said, "It's been a long tough season, and considering the number of players we have, we haven't done too bad. The level of competition is a lot tougher than it has been in previous years."

Derrick Sanders and Kenny Bond were not available for comments.

The last question I directed towards Coach Oliver was what the goals for the season were. Oliver said, "Our goal was to be competitive this year. We really wanted to make a good impression since it was our first year as a member of the NDCAC. We wanted to play a real good brand of competitive football, and I think we've done that."

Finally, Coach Oliver wanted to extend his gratitude to the coaching staff, who has worked extremely hard. Also, the UMC faculty and staff who have been so helpful with the transition and the late appointments this fall.

The attendance at the games has been great, so let's keep the spirit up. The next game is November 4th, at Minot State. Then, November 11th, is a home game against the University of Mary. Both U of Mary and Minot are two of the top teams in the conference. So, let's go out there and support our guys!
In Their Own Words
UMC's volleyball team talks about their season and the challenges they've faced in the NDCAC

Kelly Hollands
Head Volleyball Coach

"I would describe our season in one word: ROLLER COASTER!"

"With nine freshmen and one sophomore we have had one heck of a ride. Our record is no indication of how much we have improved through this season. We will take our lumps this year and move on into next year with a greater desire to excel at what we do.

"The level of competition [has been a challenge.] Playing a complete four-year schedule has been very humbling. The level of play is always improving, and when you start at square one, it takes a while to know where you need to be to beat opponents. There is nowhere to go but up for the Golden Eagles.

"I think we have had exceptional attitudes despite our record...We have some great young ladies on this team!

"Our fan support has been awesome compared to our other conference schools. We consistently have very good crowds and support from our student body. Thank you for your support, and we promise to give you a better season next year in '96. See you next year fans!"

Brenda Krogstad
Assistant Coach

"It seems we start strong but don't have the experience to keep the momentum in our favor. I think the season has been frustrating due to the won-loss record, but if the players use this season to motivate themselves to improve, next year could be a complete turn around."

Sara Hood

"One of our greatest challenges this year has been the fact that our team is very young...Other than Sunny, we are all new at playing college volleyball. I feel all the athletes on our team along with the coaching staff can see our potential. We always learn from our losses and mistakes and move on."

Landi Lewis

"We have the talent, it's just that we can't get over the hump. [Our attitude]-that's one of our strong points, I think, because we really only have one way to go and that's up. We just need to get that through our heads and do it in a game."

Melissa Lund

"Having to play juniors and seniors [has been a challenge]. The team maintains a great attitude by not letting minor setbacks get us down and by striving for the best. It has been a fun year aside from not having a real good record."

Heidi Engel

"The greatest challenge we've faced so far has been keeping up everyone's morale, including the fans and the team. With a couple of girls always 'up' it's easier to focus on the positive..."

Sunny Haglund

"Being the only sophomore coming from a team with a bunch of juniors and seniors, it's been a lot different...but we've all improved. This year has been a great experience and will help us out for next year. Thanks to all of our fans for staying with us through our troubling season. You're all great!"

Kendra Corneliusen

"I think that we have improved tremendously since the beginning of the season, and we now just need to keep building on it each and every day. The team has maintained a good attitude. It's been tough, but you just have to hang in there."

Amy Loomer

"We have the talent, but yet we don't have the experience, and that will come with time. We maintain a great attitude by just looking forward to how good we can and will be. I've enjoyed playing this year..."

Sheila Roux

"It's been a frustrating season being all freshmen and learning to deal with losing. It's a learning and rebuilding year. There is nowhere to go but up from here."

Melissa Lund

"Having to play juniors and seniors [has been a challenge]. The team maintains a great attitude by not letting minor setbacks get us down and by striving for the best. It has been a fun year aside from not having a real good record."

Meredith Wagner

"Our season has been a great experience. I have learned a lot. We are all new at this, but it seems as though we can't pull off a win. This is frustrating, but we stick with it and keep our chins up. We have the desire to win, we just need to come together as one."

UMC Sports
Cool Web Sites

So What’s Up With You?!}

Rita Maria Resendiz
Staff Writer

“Surfing the Internet.” Heard this phrase lately? It seems like this is all you do hear from your friends, colleagues, and everyone else around you.

Hooking up to the Internet is one of the hottest trends to hit the market in today’s world. If you want the latest information:

• on the best buys in computer hardware or software for 1995.
• on what happened in the O. J. Simpson trial.
• on your favorite music group.
• on vacation resorts.
• on a college or university you plan on attending.
• or on a topic you need to do research on for a homework assignment.

Just do a search on the Internet and you will be given numerous suggested URLs or sites to check out.

I have surfed the Internet for the past few months. I have to admit that I have run into good sites, but I also have run into extraordinary sites. Sites on the Internet that I have found spectacular include the following:

• http://www.crk.umn.edu (of course)
• http://home.mcom.com/people/nathan/netnoose/index.html
• http://wings.buffalo.edu/world/
• http://robotol.ge.uiuc.edu/carlosp/color/
• http://www.tecc.co.uk/mparke/garthbrooks/
• http://www2.netscape.com/fishcam/fishcam.html

When you get the chance, take a look at these places. These are a couple of the many sites out there on the “Net” that are striking and breathtaking. When innumerable sources of information are available at your fingertips and with the push of a button, it becomes very easy to take advantage of these accessible resources. Surf’s Up!

Other Interesting Stuff

Online Wisconsin: http://count.journalism.wisc.edu/owh.html
Postmodern Culture: http://jefferson.village.virginia.edu/pmc/contents.html
Pop Culture: http://cybersight.com/cgi-bin/cs/mwvics/news/326
Yeeoww! Digital Cartoons: http://www.earthlink.net/~yeeoww/
Frankenstein: http://electronic.rutgers.edu/~keith/Frankenstein/contents.html
Dracula: http://www.cs.cmu.edu/WEB/People/rgs/drac-table.html
Electronic Green Journal: http://gopher.udago.edu/UU_gopher/library/
LEGO: http://legowww.homepages.com/
Nightmare Before Christmas: http://www.musicbase.co.uk/movie/night/
Addicted to Stuff: http://www.mindspring.com/~labrams/a2stuff.htm
Dysfunctional Family Circus: http://www.thoughtport.com/spinwebe-cgi-bin/dec.cgi

Jonathan Dixon
Guest Writer

I am unabashedly of the school of psychology and counseling known as Existentialist. That is an intimidating, threatening-sounding word which conjures up images of drunk, cynical, out-of-touch French philosophers.

Now, I have sometimes been drunk, and I do tend toward cynicism, and I have been accused of seeming pretty oblivious a lot of the time. However, I am not French, nor a philosopher: I hope that is reason enough for you to keep reading this column to the end and not to immediately turn to the sports page.

Let’s throw out the word “existentialism” and simply talk about meaning, which is what existentialism is all about anyway. At its most basic, it asks, “Where is the meaning in your life?”

Note that the question is not, “What is the meaning of life?” Who knows? People have been arguing about that for ages. Let’s face it -- there’s really no point in even asking. However, each of us can know what is important to us on a personal level, and that is a question very worth asking.

One of the most common reasons people enter counseling is that they feel something is missing in their lives; they feel empty, they feel there must be more to life than just getting up, slogging through the day, and going to bed.

I feel this is a particularly important question at a school like UMC, which is so very job and employment-oriented.

There’s nothing wrong with being prepared for a job, of course. As someone with an undergraduate degree which qualifies me for almost nothing beyond saying, “Check your oil, mister?” I can appreciate such a realistic orientation.

However, it is just as realistic to consider the fact that even when we are working, we have to live with ourselves. The best scenario, of course, is when our work happens to be one source of personal meaning for us, an extension of ourselves.

However, that’s not always possible. We all know of celebrities and wealthy people who seem to have everything right on the outside, but are still miserable. They have nothing inside.

What is the point of having a job and security and money and success, even in huge quantities, if you still aren’t content with it? (Notice I don’t necessarily say “happy with it.” Happiness is an overrated concept; perhaps I’ll write about that another time.)

Simply, do you have a self you can live with? Who are you anyway? Where do you come from? What are you passionate about? What do you believe? What do you care about? What is important to you? (Not what should you believe, or what should you care about; or what should be important to you: What do you care about? What is important to you?) Are you being true to those things? Are you keeping them a part of your everyday life?

These are all questions of meaning. If you haven’t thought about them, it’s never too late to begin. If you’re having trouble answering, there are some exercises you might try to get started:

• Imagine a perfect day, unconstrained by the limitations of reality. Where would you be? What would you do? Who would be there with you?
• Remember how you played when you were a little kid, before the obsessions with image and coolness took over. What did you love to do? Have you lost touch with that?
• Take out your wallet or purse and pull out the three things most important to you. Think about how you chose, how you prioritized, how you feel about the things you chose. Think about what you chose, how you prioritized, how you feel about the things you chose.

The mythologist Joseph Campbell said people are not really looking for the meaning of life. They are looking for the experience of being alive. When do you feel alive? That is where your own meaning lies.

Jonathan Dixon (email: JDixonU@umn.edu) is a Counseling Intern from UND. He is at UMC Mondays and Wednesdays 9-4, and Fridays 10-3. His office is located in 211 Bede, and appointments can be made at the Counseling and Career Center, 106 Bede.

Special Valid Any Day of Week!
Heaven On Earth

David Fooks
Staff Writer

Along the southern shore of Michigan's upper peninsula (UP) extends a stretch of pavement for 300 miles that acts as a road through paradise.

Gently rolling along over hills and through pristine woodlands, US Highway 2 offers the motorist a scenic pleasure that rivals any other. One seldom hears a blaring horn or interruptions caused by humanity, giving a surreal feeling of being lost in time.

When one enters the highway in St. Ignace, you have crossed one of mankind's greatest wonders, the Mackinaw Bridge. Over five miles long and soaring to 250 feet above the water, this impressive architectural masterpiece makes one wonder at the power of man to dominate his realm. Two miles away and west, the true master of this Earth rises to greet the motorist and his astounding creation.

Traveling west on US 2 one catches a panorama of what the first settlers to this region saw. Towering pines and vast groves of impressive hardwoods stand in silent tribute to the passing traffic. A sense of isolation abounds as fewer and fewer traces of man's impact recede into the rearview mirror.

Ahead the pavement disappears into a tunnel of overhanging branches, and one starts to reminisce of the days of antiquity. To the left, the shoulder of the road abruptly ends in a vast open space as the cliff plunges down to the pounding surf of Lake Michigan.

The isolated traveler is not alone though. Inter-spersed in the grandeur of Michigan's finest are quiet pockets that man has carved out of the wilderness. Towns every forty to fifty miles give the more civilization-oriented among us a respite from the remoteness. Towns may be a incongruous term, for there tends to be an abundance of abandon houses along the highway.

Sebring is a deserving example of this somewhat ridiculous attempt at conquering the realm of raw nature. A sign that welcomes the motorist to Sebring incorporates village is seen with anticipation of a resting spot. The cruel ruse is that most people do not notice it is not on any map. There is a good reason for this; it no longer exists! On the left one sees an old rusted mobile home from the time of the dinosaurs. To the right is a barn that eons ago caved in on itself. With that the pavement disappears into the woods. On to the west the eternal forest beckons. Although it never goes through itself, the road passes around the outskirts of a real town of 7,000 called Escanaba.

There it makes a slow-moving turn northwest toward Wisconsin. A fill up in Escanaba would be advised for there is no reliable gas station for the last 175 miles to Superior. While this may give some a little heart flutter at the remoteness, the new scenery more than makes up for the worry. The Porcupine Mountains await.

The western United States gives us the awesome Rocky Mountains and the eastern half brags of the gentle rolling and romantic Appalachian range. While these wonders of creation are very impressive, Michigan's mountains hold status right up there with the big boys.

From the portal of the passing automobile one is awed struck at the grandeur and impeccable beauty of the ridges and canyons. The pavement winds around the pillars of the sky giving breathtaking glimpses of magnificence unparalleled.

One starts to get the impression of being at the top of the world. Often one sees another motorist who has pulled over to take in the scene in all its glory. Few arenas of God's wonderful creation cause such a feeling of respect for nature in its finest.

A drive during the late weeks of September gives a breathtaking panorama of an endless pallet of coors. Reds, oranges and every shade in between compose the landscape in inspiring fashion.

A experience seldom seen by an outside visitor is the awesome amount of snow this region receives in a single winter. During the prolonged, cold winter up to 200 inches of snow fall along this stretch of highway. Many times during the winter months US 2 becomes the solitary byway in or out of this remote corner of the country. Massive snow removal machines consume the vast drifts and heap up the snow in piles up to forty feet along the side of the road.

After spending three to four hours traveling, the motorist finally enters Superior, Wisconsin, and civilization. Behind the scenic wonder that is The UP of Michigan passes into the eastern horizon.

Many a time have I traveled this path from Minnesota to home. Every time I plan to embrace this route, I smile with anticipation at the known and undiscovered wonders that await discovery.
Tired of Sitting Around? Then Get into the Water!

The Crookston Community Pool has a lot to offer UMC students

Mandise Jacobsen
Staff Writer

By now I'm sure we've all have had enough of the books and the tests. The gathering in dorm rooms is beginning to make us weary. The money supply is limited--everyone knows money isn't the stuff falling off the trees.

What's that you say? You've got a headache from writing that stupid essay? Join the club. Hey, don't get too upset over it, just take a break. There's something you can do, and for UMC students it's free!

Dale Knotek and Ken Stromberg have arranged it so that UMC students and faculty can use the Crookston Community Swimming Pool at no cost! A punch card system is in place. When you go to swim, just show your UMC student I.D. card and the pool managers will "punch you in" for free! (Swimmers usually pay $1.00 or $1.50 per session.)

The pool is an Olympic-sized pool suited for both the swimmer and the non-swimmer. There is also a diving pool. Both pools are heated for everyone's comfort and enjoyment.

So when you feel really stressed out and you're ready to throw that dang old computer out the window, or you're longing for the summer weather so you can lay out on the beach, grab a towel, brush, and a few of your friends and go for a swim or just wade around (after all it beats waiting around!)

The Crookston Community Pool can offer you: open swim, lap swim, aqua aerobics, and even the possibility of extra money! (Ken Stromberg offers free lifeguard training and is always looking for lifeguards to work for him.)

So take a break--you deserve it--but don't wait too long because at the end of November and the beginning of December the pool will be closed as they will be resurfacing it. For more information about times and stuff call the pool at 281-1180. Have a great time, and don't forget to smile!

---

**CROOKSTON COMMUNITY POOL SCHEDULE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00-7:00 a.m.</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
</tr>
<tr>
<td>8:00-8:45 a.m.</td>
<td>Aqua Ex</td>
<td>Aqua Ex</td>
<td>Aqua Ex</td>
<td>Aqua Ex</td>
<td>Aqua Ex</td>
</tr>
<tr>
<td>8:30-9:30 a.m.</td>
<td>School Swim</td>
<td>School Swim</td>
<td>School Swim</td>
<td>School Swim</td>
<td>School Swim</td>
</tr>
<tr>
<td>8:20 a.m.-3 p.m.</td>
<td>School Swim</td>
<td>School Swim</td>
<td>School Swim</td>
<td>School Swim</td>
<td>School Swim</td>
</tr>
<tr>
<td>3:15-5:00 p.m.</td>
<td>H.S. Swim Team</td>
<td>H.S. Swim Team</td>
<td>H.S. Swim Team</td>
<td>H.S. Swim Team</td>
<td>H.S. Swim Team</td>
</tr>
<tr>
<td>5:00-6:00 p.m.</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
<td>Lap Swim</td>
</tr>
<tr>
<td>5:00-6:15 p.m.</td>
<td>Crocodiles</td>
<td>Crocodiles</td>
<td>Crocodiles</td>
<td>Crocodiles</td>
<td>Crocodiles</td>
</tr>
<tr>
<td>6:30-8:00 p.m.</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
</tr>
<tr>
<td>8:00-9:00 p.m.</td>
<td>Water Aerobics</td>
<td>Water Aerobics</td>
<td>Water Aerobics</td>
<td>Water Aerobics</td>
<td>Water Aerobics</td>
</tr>
</tbody>
</table>

---

**Variety**

**The Place** Where Fresh is the Taste.

We'd like to introduce you to Subway! Sandwiches and Salads made one at a time. Just the way you like it, topped with fixin's of your choice. Try it and save...at Subway.
How to Become King

Mark Grafstrom
Staff Writer

When your world just seems too darn uncontrollable for your liking, there is only one thing to do: Make yourself king.

You may be wondering just how one might go about becoming king? To answer this question you have to think about what a king really is. If you think that a king is someone who has control over a certain number of subjects, you would be right.

To further embrace the concept, let's think about someone being a king over a given number of subjects. Let's say, for reference, that the number is negative one. Would that person still be king? I would have to answer "yes" to that question.

Some people may question my answer. They might even ask me why I answered the way I did. To those people I would reply, "It is more fun that way!"

To those people that just can't grasp the concept of making yourself king of a negative amount of subjects, I will make it easier for you. Let's say that you have made yourself king over yourself. Then you would be, both a king and a subject. You may wonder how someone could be both at the same time. The answer to that question is another question. Can a person be a fireman and human at the same time? Of course. See there, you just answered your own question.

So it is possible to be a king and a subject, but how then do you get into negative subjects? As it stands now you are the king and you have one subject, that subject being yourself.

To get into negative subjects you have to manipulate your kingdom. You do this by finding fault in yourself and banishing yourself from the kingdom. There, you are down to negative one subjects. You may ask how this could be? My answer to that would be, "Hey buddy, that is one question that you just may want to answer for yourself. Don't answer for me, but hey, for your own sanity."

Disjointed Life Regression

Mark Grafstrom
Staff Writer

I have awoke to a new dawn. In this place I have been many times. Is it a trivial that in my dreams I see signs of the future that have passed? Again has one of the strands that bind reality in the fabric of the universe broken free. For as of this I cannot be. Is it the truth that I am really to see. It is the vision that escapes from my dreams. Again reality strains. Its ripping at the seams.

Can you not see it as I. Do you see reality strung out from infinity to insanity. Do you see each segment in time aligned perfectly in coherence. The sequence of time calls for your revision. Do you stand now ready? What is it that makes you wait? Reality is what you make it.
The Back Page

Classified Ads

EMPLOYMENT

Great Plains Physical Therapy Clinic is looking for Aerobic Dance Instructor. Experience preferred, but not necessary. Call (701) 746-8374, ask for Jill.

TRAVEL

Travel free for spring break! Just organized a small group. Cancun, Bahamas, etc. Food and drinks included. Earn $. Call 1-800-763-5606

EMPLOYMENT

Need a break from school? Local moving/storage and distribution firm looking for full-time worker to drive, pack, load, crate, etc. Must be a friendly people-person. Apply in person at Allied Van Lines, 4700 DeMers Ave., Grand Forks, ND.

LOCAL JOB LISTINGS

Local job listings are posted on the bulletin board in Bede Lounge. If you have any questions, please stop by the Counseling and Career Center, Bede Hall, room 106.

WANT TO PLACE A CLASSIFIED AD?

IT'S FREE FOR UMC STUDENTS, FACULTY AND STAFF!

Our next issue will be distributed on December 12. If you'd like to include an ad, send it to: Classifieds, The Fourth Estate, UMC Box 999.

Your Monthly Horoscope

Mystically compiled by Doug Ellefson

♈ ARIES (Mar 21- April 19)
Setting small goals now proves to pay off in the near future. Let happiness become a larger part of your daily schedule. Inner struggles will be plentiful for you during the next few weeks.

♉ TAURUS (April 20- May 20)
Buy yourself a nice gift for no reason at all. An extra hour a day with your books will pay off on report card day. Look at a problem from all angles and you'll see there's no problem at all.

♊ GEMINI (May 21- June 21)
Close friends should not be taken for granted. Travel to a place far away to find your piece of mind. Plan to work a little harder on the simple things this month. Love your neighbor.

♋ CANCER (June 22- July 22)
Change your diet to increase your energy level. A person you don't know will change an opinion you've held for a long time. Opening your mind a little lets in a lot of new ideas. Confront is uncool.

♌ LEO (July 23- Aug 22)
Approach strangers with extreme care. An aspect of life once considered scary by you becomes very tame. A new friendship leaves you feeling fulfilled. Second guessing yourself proves to be fruitless. Find a new hobby to fill the gaps in the day.

♍ VIRGO (Aug 23- Sept 22)
Look for answers in the peace of a sunrise. Let your parents know you appreciate them. Try a new shampoo for a nice change. Eating fruit is good for you.

♎ LIBRA (Sept 23-Oct 22)
Keep a notebook nearby while you sleep to record dreams, they hold some answers for you. Spend quality time alone with yourself. Learn to accept your biggest pet peeve. Read a book to help you relax.

♏ SCORPIO (Oct 23-Nov 21)
Planning ahead proves to save many headaches. Sooner is better than later for you. Get around to doing those things you've been putting off. Think before you speak. Good news comes to you through the mail.

♐ SAGITTARIUS (Nov 22-Dec 21)
Take small signals serious for they are warnings. Remember you only have one mind, so take care of it. Telling lies comes back to you in the end. Practice your people skills by mending a broken friendship.

♑ CAPRICORN (Dec 22-Jan 19)
Say something nice to someone you don't like and see what happens. Be true to yourself no matter what the cost. Motivate yourself to start a regular exercise program. Think about health and longevity. Wave at strangers.

♒ AQUARIUS (Jan 20-Feb 18)
Surround yourself with plants this winter, they are good for your health. Think of the consequences created by each of your actions. Willingness to learn allows you to expand your horizons.

♓ PISCES (Feb 19- Mar 20)
Invest in your future by feeding your mind. Think about getting yourself a pet. Try to stay fair when you know someone's cheating. Ask for help when you need it. Remember what you do have when you're feeling down.

Name the Golden Eagle Contest

UMC's new Golden Eagle Mascot is unique to our area collegiate athletic teams. We'd like name our new mascot. We are interested in a name that is not used elsewhere in our area--a name that rolls off the tongue nicely.

The best part of our contest is that you have a chance to win $100 in cash! A selection committee has been organized to select from the entries and determine the new name. Please submit your mascot name choice using the attached coupon and bring it to the Bede Info Desk by Wednesday, November 15. The winner will be announced on November 27 when we unveil the mascot at Winter Sports Night. Open to UMC STUDENTS only.

Name the Golden Eagle Contest Entry Form

The name I submit for UMC's new Golden Eagle Mascot is:

My name: __________________________ Phone: __________________________

UMC P.O. Box # :

Don't miss out! Return this form to the Bede Info Desk by November 15.

Happy Halloween