August 1, 1914. She was the youngest of six children born to Mr. and Mrs. Andrew Gullingsrud who had homesteaded in that area in 1908. The family lived there until 1926 when they moved to Nielsville, Minnesota. They farmed there until they retired.

Rana graduated from Nielsville High School and East Grand Forks Teacher Training Department. She then taught school in Polk County for ten years. She was active in 4-H club work before she was married and later with her children as 4-H leader and a member of the Council. As a member of the East Fairfax Homemakers, she served in several offices and was President of the Polk County Homemakers’ Council.

She was a member of St. Lucy’s Circle and later St. Anthony’s Circle of the Cathedral, serving in different capacities. She also belongs to Lady Foresters, Eagles Auxiliary, and Sons of Norway.

Albany and Rana have three children, all of whom graduated from Central High School. Wayne was born September 13, 1945 in Crookston, Minnesota and is associated with his father in farming. He is married to Nancy Brolsma and they have one daughter, Karen.

James was born April 12, 1948 at Crookston, Minnesota. He graduated from North Dakota State University in Fargo, North Dakota with a Bachelor of Science degree in pharmacy. He then attended graduate school at the University of Minnesota, Minneapolis and concurrently served a two-year residency in Clinical Pharmacy at the Veteran’s Administration Hospital in Minneapolis. He received his Master of Science degree in Hospital Pharmacy in July 1973 with minor degrees in Public Health and Business Administration.

James is a member of the American Society of Hospital Pharmacists, the Rho Chi National Pharmaceutical Honor Society, and Kappa Psi Pharmaceutical Fraternity. He is presently employed in Aberdeen, South Dakota by Eli Lilly and Co. He also lectures and conducts workshops in and around Aberdeen concerning antibiotic therapy.

He loves flying — a love he shares with his brother Wayne. His hobbies are hunting and fishing.

Rita was born August 28, 1950 in Crookston, Minnesota. She graduated from the University of N.D. She is a well-known baton twirler and teacher. She is a certified baton twirling judge and has judged many contests in the U.S. and Canada. She is married to Roger Amiot and they have two children, Charles and Robby. They live in Grafton, North Dakota.

When the children were young they all had jobs at home and worked hard. They all helped with gardening and keeping up the lawn and yard. The boys started early to run machinery and Rita loved to bake and helped with all the canning and freezing of fruits and vegetables. They all attended church regularly as a family.

**MR. AND MRS. WAYNE CAPISTRAN**

Mr. and Mrs. Wayne Capistran were married June 27, 1970 in Crookston, Minnesota. After living in Crookston for one year, they moved to the Albany Capistran farm in Gentilly Township. They are the second generation living on that farm and farming seemed in their blood as all grandparents on both sides lived on farms in Polk County.

Wayne Albany Capistran was born September 13, 1945 in Crookston, Minnesota to Albany and Rana Gullingsrud Capistran. He is the oldest of their three children. Wayne attended the Catholic Elementary School for two years and the Crookston Public School System until he graduated from Central High School in 1964. While in high school he was very active in 4-H Club work, earning his Key Award in 1962.

After graduating, Wayne attended North Dakota State University for one year. He then went to California in 1965 where he lived with relatives and worked in a furniture factory, for-